

Targeting Blood Pressure: Guideline Updates

Pharmacy Grand Rounds 2026

VC-IL Sherman Boardroom A and Virtual Via Teams

6/11/2026 1200-1300 CST/1300-1400 EST

Overview: This presentation will review the application of the 2025 ACC/AHA Hypertension Guidelines. Key aspects to be discussed are the criteria for initiation of antihypertensive medication therapy, revised management strategies and goals based on different comorbid conditions, and updates in management of resistant hypertension.

Speakers: Jialing Yang, PharmD, PGY1 Pharmacy Resident, Advocate Sherman Hospital
Frank Zhang, PharmD, PGY1 Pharmacy Resident, Advocate Sherman Hospital

Preceptor: Alyssa Mason, PharmD

Objectives:

1. Distinguish between 2017 and 2025 clinical guidelines for hypertension management
2. Select appropriate anti-hypertensive medication and goals considering comorbidities and complications
3. Discuss management strategies for resistant hypertension and hypertensive emergencies

Target Audience: Advocate Health Pharmacists, Physicians, Nurses, and other interested healthcare professionals

Disclosure: The planner(s) and speaker(s) have indicated that there are no relevant financial relationships with any ineligible companies to disclose.

Link to Live Sessions: [Pharmacy Grand Rounds 2026](#)

Commercial Support: There is no financial support for this activity.

Accreditation Statement:



In support of improving patient care, Advocate Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Statement(s):

Accreditation Council for Pharmacy Education (ACPE):

Advocate Health designates this live activity for a maximum of 1 hour of CPE credit for pharmacists. CPE credit can be claimed on the AH CE platform within 60 days of activity completion and information will be provided to CPE Monitor. Participants should only claim credit commensurate with the extent of their participation in the activity.

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Contact Elaine Thomas (elaine.r.thomas@advocatehealth.org) with questions.

