

Ketamine: Dissociating Pain from the Patient

March 31, 2026, 12:00PM-1:00PM CT/1:00PM-2:00PM ET

Pharmacy Grand Rounds 2026 | Advocate Health

Virtual via Microsoft Teams Webinar

Overview: Ketamine is an NMDA receptor antagonist that has historically been used for sedation and anesthesia. It has additionally been used as a non-opiate alternative for acute and chronic pain. This presentation will highlight the ideal patient population and examine the evidence supporting its use as an analgesic.

Speaker: Jacob Powell, PharmD; PGY2 Emergency Medicine Pharmacy Resident, Atrium Health Cabarrus

Preceptor: Janine Short, PharmD

Objectives:

1. Review the fundamental concepts of multimodal analgesia and how multimodal analgesic regimens target pain pathophysiology
2. Evaluate the emerging role of subanesthetic ketamine in the treatment of both acute and chronic pain across various treatment settings
3. Appropriately identify patients that may benefit from subanesthetic ketamine for pain management
4. Evaluate both the clinical benefits and safety of subanesthetic ketamine in pain management and describe strategies to mitigate any risks

Target Audience: Advocate Health Pharmacists, Physicians, Nurses, and other interested healthcare professionals

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