



50th Internal Medicine Conference

March 11-13, 2026]

Friday Conference Center at UNC
Chapel Hill, NC

Join us for the **50th Annual Internal Medicine Conference**, a landmark event hosted by the **Department of Medicine at the UNC School of Medicine**. For five decades, this conference has been the trusted source for advancing clinical excellence in primary care and this year, we are raising the bar even higher.

What to Expect:

- **Cutting-Edge Updates:** Explore the latest evidence-based guidelines and research on health promotion and disease management for conditions commonly encountered in primary care.
- **Expert-Led Sessions:** Each of the Department's 11 clinical divisions will present dynamic sessions, complemented by free-standing presentations from UNC faculty across multiple specialties.
- **Special Focus:** A dedicated two-hour session on the use of controlled substances—critical knowledge for today's practice.
- **Action-Oriented Learning:** Move beyond knowledge gain. Analyze, evaluate, and apply new evidence to real-world scenarios. Create care plans that reduce variability and improve patient outcomes. Synthesize insights for collaborative decision-making.

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Agenda

Wednesday, March 11, 2026

8:00 AM	-	8:15 AM	Welcome and Call to Purpose <i>Thomas C. Keyserling, MD, MPH, Marco A. Alemán, MD, Katherine N. Gill, MD</i>
8:15 AM	-	8:20 AM	GASTROENTEROLOGY & HEPATOLOGY: Introduction <i>Joshua Hudson, MD, MSc</i>
8:20 AM	-	8:40 AM	Is it Dyspepsia, GERD, Biliary Colic? Work-Up & Management of Common Upper GI Concerns <i>Walker Redd, MD, MSCR</i>
8:40 AM	-	9:00 AM	Common Findings on Open Access Endoscopy & Their Management (H Pylori, Gastritis, EoE, Microscopic Colitis) <i>John Haydek, MD, MSCS</i>
9:00 AM	-	9:20 AM	New Name, New Game: Therapeutic Advances in MASLD <i>Sasha Deutsch-Link, MD, MSCR</i>
9:20 AM	-	9:40 AM	Quick Cases (Constipation, MASLD, HP Treatment) <i>Joshua Hudson, MD, MSc</i>
9:40 AM	-	9:55 AM	Panel Discussion: Gastroenterology & Hepatology <i>Moderator: Joshua Hudson, MD, MSc</i> <i>Panelists: Sasha Deutsch-Link, MD John Haydek, MD, MSCS Walker Redd, MD, MSCR</i>
9:55 AM	-	10:15 AM	Break & Visit Exhibits
10:15 AM	-	10:20 AM	RHEUMATOLOGY, ALLERGY & IMMUNOLOGY: Introduction <i>Beth Jonas, MD</i>
10:20 AM	-	10:50 AM	From Clinical Suspicion to Targeted Therapy: A Modern Update on PMR and GCA <i>Michael Cunningham, MD</i>
10:50 AM	-	11:15 AM	Next-Generation Allergy Therapies: A Clinical Update for Internists <i>Mildred Kwan, MD, PhD</i>
11:15 AM	-	11:40 AM	Collaborative Management of Common Rheumatic Diseases: Strengthening the Interface Between Rheumatology and Primary Care <i>Nicole Orzechowski, DO</i>
11:40 AM	-	12:00 PM	Panel Discussion: Rheumatology, Allergy, and Immunology <i>Moderator: Beth Jonas, MD</i> <i>Panelists: Michael Cunningham, MD, Mildred Kwan, MD, PhD, Nicole Orzechowski, DO</i>
12:00 PM	-	1:30 PM	Lunch
12:45 PM	-	1:30 PM	Making Headway: Frontiers in Migraine Treatment <i>Ana Felix, MBBCh, FAAN</i>

50th Annual Internal Medicine Conference
Friday Conference Center at UNC

1:30 PM	-	1:35 PM	INFECTIOUS DISEASES: Introduction <i>Arlene C. Seña, MD, MPH</i>
1:35 PM	-	2:05 PM	Vaccine Update: Focus on CDC/ACIP Actions, Alternative Vaccine Recommendations & New/Improved Vaccines <i>David J. Weber, MD, MPH, FIDSA, FSHEA, FRSM</i>
2:05 PM	-	2:35 PM	Common Infections and Updates in Antimicrobial Regimens <i>Nikolaos Mavrogiorgos, MD</i>
2:35 PM	-	3:05 PM	West Nile and Other Arboviral Infections in the US <i>Natalie Bowman, MD, MPH, MPhil</i>
3:05 PM	-	3:20 PM	Panel Discussion: Infectious Diseases <i>Moderator: Arlene C. Seña, MD, MPH</i> <i>Panelists: Natalie Bowman, MD, MPH, MPhil, Nikolaos Mavrogiorgos, MD, David J. Weber, MD, MPH, FIDSA, FSHEA, FRSM</i>
3:20 PM	-	3:40 PM	Break & Visit Exhibits
3:40 PM	-	4:15 PM	Polycystic Ovary Syndrome: Applying New Guidelines, Listening to Patients and Providing Comprehensive Care <i>Narges Farahi, MD and Rachel Urrutia, MD, MS</i>
4:15 PM	-	4:20 PM	NEPHROLOGY & HYPERTENSION: Introduction <i>Cynthia Denu-Ciocca, MD</i>
4:20 PM	-	4:45 PM	To protect and Serve- Therapeutic Agent Safety and Kidney Health <i>Gerald Hladik, MD</i>
4:45 PM	-	5:10 PM	CKD Evaluation for Primary Care Provider <i>Stephanie Pavlovich, MD, PhD</i>
5:10 PM	-	5:40 PM	Glomerulonephritis for the Internist <i>Shannon Murphy, MD</i>
5:40 PM	-	6:00 PM	Panel Discussion: Nephrology and Hypertension <i>Moderator: Cynthia Denu-Ciocca, MD</i> <i>Panelists: Gerald Hladik, MD, Shannon Murphy, MD, Stephanie Pavlovich, MD, PhD</i>

More information and details:

<https://www.southpiedmontahec.org/event/76339>

or use the QR Code



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8:00 AM	-	8:05 AM	CARDIOLOGY: Introduction <i>Cody Deen, MD</i>
8:05 AM		8:30 AM	Treating POTS/Dysautonomia in the Primary Care Clinic <i>Anil Gehi, MD</i>
8:30 AM		8:55 AM	Insights into Preventative Cardiology Care <i>Susan Gilchrist, MD</i>
8:55 AM		9:15 AM	Advanced Evaluation of the Patient with Dyspnea – The Role of CPET and Invasive CPET Testing <i>Barbara LeVarge, MD</i>
9:15 AM		9:35 AM	Three Most Important Cardiovascular Trials for the PCP, 2025 <i>Cody Deen, MD</i>
9:35 AM		9:55 AM	Panel Discussion: Cardiology <i>Moderator: Cody Deen, MD</i> <i>Panelists: Anil Gehi, MD, Susan Gilchrist, MD, MS, Barbara LeVarge, MD</i>
9:55 AM		10:15 AM	Break & Visit Exhibitors
10:15 AM		10:20 AM	GENERAL MEDICINE AND CLINICAL EPIDEMIOLOGY: Introduction Mini Symposium on Preventing Chronic Disease Division Presentation and Colindres Lecture <i>Shana Ratner, MD & Thomas Keyserling, MD, MPH</i>
10:20 AM		10:55 AM	ROMULO E. COLINDRES LECTURE: Preventing Chronic Disease with Physical Activity and Tips for Promoting Physical Activity During Office Visits and Beyond <i>Laurie Whitsel, PhD</i>
10:55 AM		11:20 AM	Preventing Chronic Diseases with Healthful Dietary Patterns and Tips for Brief Dietary Counseling During Office Visit <i>Thomas Keyserling, MD, MPH</i>
11:20 AM		11:45 AM	To Immunity and Beyond: The Broader Clinical Impact of Routine Vaccination <i>Alfred Rabinovich, MD, MS</i>
11:45 AM		12:00 PM	Panel Discussion: General Medicine and Clinical Epidemiology <i>Moderator: Shana Ratner, MD</i> <i>Panelists: Thomas Keyserling, MD, MPH, Alfred Rabinovich, MD, MS, Laurie Whitsel, PhD</i>
12:00 PM		1:30 PM	Lunch & Visit Exhibits
12:45 PM		1:10 PM	Optional: HIV Pre-Exposure Prophylaxis (PrEP), Post-Exposure Prophylaxis (DoxyPEP) <i>De-Vaughn “Monty” Williams, MD</i>
1:10 PM		1:30 PM	Optional: Identification and Management of Alcohol Use Disorder in Primary Care <i>Gabriela Reed, MD</i>

50th Annual Internal Medicine Conference
Friday Conference Center at UNC

1:30 PM	1:35 PM	GERIATRICS: Introduction <i>Maureen Dale, MD</i>
1:35 PM	2:05 PM	Dementia Diagnostics in Primary Care <i>Brianna Harder, MD</i>
2:05 PM	2:35 PM	Dementia Therapeutics Update <i>Hannah Noah, MD, MPH</i>
2:35 PM	3:05 PM	Buprenorphine for Chronic Pain in Primary Care <i>Rachel Eliach, MD</i>
3:05 PM	3:20 PM	Panel Discussion: Geriatrics <i>Moderator: Maureen Dale, MD</i> <i>Panelist: Rachel Eliach, MD, Brianna Harder, MD, Kimberly</i>
3:20 PM	3:35 PM	Break & Visit Exhibitors
3:35 PM	4:10 PM	Refining Microhematuria Management: The Updated 2025 Guidelines for Evaluation and Management <i>Mary Beth Westerman, MD</i>
4:10 PM	4:15 PM	ENDOCRINOLOGY: Introduction <i>Deepa Kirk, MD</i>
4:15 PM	4:45 PM	Internist Guide to Male Hypogonadism: Updates and Focus on Treatment <i>Donald Caraccio, MD</i>
4:45 PM	5:15 PM	Primary Hyperparathyroidism (PHPT) <i>Joshua Evron, MD</i>
5:15 PM	5:45 PM	Practical Tips for Managing GLP-1 RA for Obesity and Related Conditions <i>Anne Komé, PharmD</i>
5:45 PM	6:00 PM	Panel Discussion: Endocrinology <i>Moderator: Deepa Kirk, MD</i> <i>Panelist: Donald Caraccio, MD, Anne Komé, PharmD, Joshua Evron, MD</i>
6:00 PM	8:00 PM	50th Annual Internal Medicine – DINNER GALA

Celebrate 50 years of advancing primary care at our **Thursday evening Gala Dinner**, hosted at the **Friday Center** from **6:00–8:00 PM**.

Commemorate this milestone anniversary with colleagues and faculty during an evening honoring the conference's legacy and future!

Available as an optional add-on at registration.

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8:00 AM	8:05 AM	PULMONARY DISEASES & CRITICAL CARE MEDICINE: Introduction <i>Shannon Carson, MD</i>
8:05 AM	8:35 AM	Update on Sarcoidosis <i>Stephen Tilley, MD</i>
8:35 AM	9:05 AM	Complications and Follow up After Acute Pulmonary Embolus <i>W. Cameron McGuire, MD, MPH</i>
9:05 AM	9:30 AM	New Approaches to Diagnosing the Pulmonary Nodule <i>Tyler Smith, MD</i>
9:30 AM	9:45 AM	Panel Discussion: Pulmonary Diseases and Critical Care Medicine <i>Moderator: Shannon Carson, MD</i> <i>Panelist: W. Cameron McGuire, MD, MPH, Tyler Smith, MD, Stephen Tilley, MD</i>
9:45 AM	10:05 AM	Break & Visit Exhibits
10:05 AM	10:10 AM	HEMATOLOGY: Introduction <i>Deborah Stephens, DO</i>
10:10 AM	10:35 AM	From Monoclonal to Malignant: The Spectrum of B-Cell Lymphocytosis <i>Deborah Stephens, DO</i>
10:35 AM	11:00 AM	Hemochromatosis: Too Much of a Good Thing: Clinical Pearls in the Diagnosis and Management <i>Mofiyinfoluwa Obadina, MD, MSCR</i>
11:00 AM	11:25 AM	Macrocytic Anemias – Beyond B12: The Spectrum of Macrocytic Processes <i>Callie Berkowitz, MD</i>
11:25 AM	11:40 AM	Panel Discussion: Hematology <i>Moderator: Deborah Stephens, DO</i> <i>Panelist: Callie Berkowitz, MD, Mofiyinfoluwa Obadina, MD, MSCR</i>
11:40 AM	12:20 PM	Optional: 2026 Clinical Coagulation Updates for the Non-Hematologist <i>Stephan Moll, MD</i>
12:20 PM	1:00 PM	Lunch & Visit Exhibits

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Friday Conference Center at UNC

1:00 PM	1:25 PM	Caring for Challenging Patients <i>Paul Ossman, MD, MPH</i>
1:25 PM	1:55 PM	LATE-BREAKING PRESENTATION: Measles Update <i>David J. Weber, MD, MPH, FIDSA, FSHEA, FRSM</i>
1:55 PM	2:00 PM	HOSPITAL MEDICINE: Introduction <i>David Hemsey, MD</i>
2:00 PM	2:25 PM	Perioperative Management <i>Ejaz Janjua, DO</i>
2:25 PM	2:50 PM	Inpatient Management of Delirium <i>Christina Kahl, MD, PhD & Rimma Osipov, MD, PhD</i>
2:50 PM	3:05 PM	Panel Discussion: Hospital Medicine <i>Moderator: David Hemsey, MD</i> <i>Panelist: Ejaz Janjua, DO, Christina Kahl, MD, PhD, Rimma Osipov, MD, PhD, Paul Ossman, MD, MPH</i>
3:05 PM	3:25 PM	Break & Visit Exhibits
3:25 PM	3:30 PM	CONTROLLED SUBSTANCE CME MINI-SYMPOSIUM: Introduction <i>H. Claire West, MD</i>
3:30 PM	3:55 PM	Stimulant Use Disorder <i>Shonali Saha, MD</i>
3:55 PM	4:20 PM	Outpatient Management of Alcohol Withdrawal <i>Alexis Vien, MD</i>
4:20 PM	4:45 PM	Cannabis and Cannabinoids in Primary Care <i>Justin Riederer, MD</i>
4:45 PM	5:00 PM	Panel Discussion: Controlled Substance Mini-Symposium <i>Moderator: H. Claire West, MD</i> <i>Panelist: Justin Riederer, MD, Shonali Saha, MD, Alexis Vien, MD</i> <i>Participation in this section will provide 1.5 hours of NC Medical Board mandated controlled substance prescriber education.</i>
5:00 PM		Conference Adjourns until Mid-March 2027

SAVE THE DATE!!
51st Internal Medicine Conference
March 10–12, 2027

See you next year!