

The Clot Thickens: Navigating Thrombophilia Testing and Anticoagulation Decision-Making

March 19, 2026, 12:00PM-1:00PM CT/1:00PM-2:00PM ET
VC-WI St Lukes Family Practice LL and Virtual via Teams

Overview: Thrombophilia is a hypercoagulable condition, with patients having an abnormal predisposition to excessive blood clots forming as deep vein thrombosis (DVT), pulmonary embolism (PE), and other thrombotic events. Common types of thrombophilia include inherited types such as: Factor V Leiden, Antithrombin III deficiency, Protein C deficiency, Protein S deficiency, and acquired type of antiphospholipid syndrome.

Speaker: Mitchell Fisher, PharmD, and Hannah Moses, PharmD; PGY1 Pharmacy Residents – Aurora Health Care Metro, Inc

Preceptors: Allison Sullivan, PharmD and Max Yang, PharmD, BCCP

Objectives:

1. Recognize the pathophysiology of antiphospholipid syndrome and other types of thrombophilia and their clinical significance.
2. Identify different results of thrombophilia testing.
3. Outline available anticoagulation strategies in patients with antiphospholipid syndrome and other various types of thrombophilia.

Target Audience: Advocate Health Pharmacists, Physicians, Nurses, and other interested healthcare professionals

Link to Pharmacy Grand Rounds 2026 Sessions: [Pharmacy Grand Rounds 2026 | Advocate Health](#)

Disclosure: The planner(s) and speaker(s) have indicated that there are no relevant financial relationships with any ineligible companies to disclose.

Commercial Support: There is no financial support for this activity.

Accreditation Statement:



In support of improving patient care, Advocate Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Statement(s):

Accreditation Council for Pharmacy Education (ACPE):

Advocate Health designates this live activity for a maximum of 1 hour of CPE credit for pharmacists. CPE credit can be claimed on the AH CE platform within 60 days of activity completion and information will be provided to CPE Monitor. Participants should only claim credit commensurate with the extent of their participation in the activity.

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Questions about this activity? Elaine.r.thomas@advocatehealth.org

