

Steroids Aren't Always Innocent: Evaluating the Risk of Pneumocystis jirovecii Pneumonia with Prolonged Corticosteroid Use

3/3/26, 1200-1300 CST/1300-1400 EST

10W Special Functions Room and Virtual via Teams Webinar

Overview: This continuing education activity will review the risk of Pneumocystis jirovecii pneumonia (PJP) associated with prolonged systemic corticosteroid use and highlight patient populations at increased risk. Learners will gain practical strategies to assess PJP risk, apply evidence-based prophylaxis recommendations, and integrate pharmacist-driven interventions into clinical practice to prevent opportunistic infections.

Speaker: Estefania Marin, PharmD, PGY1 Pharmacy Resident – Advocate Lutheran General Hospital

Preceptors: Jill Argotsinger, PharmD, BCIDP; Tricia Bubacz, PharmD, BCPS; Ariel Gonzalez, PharmD

Objectives:

1. Describe the pathophysiology and epidemiology of Pneumocystis jirovecii pneumonia (PJP).
2. Recognize steroid dose and duration thresholds that are associated with increased PJP risk.
3. Apply literature and guideline recommendations to determine the need for PJP prophylaxis.
4. Identify appropriate PJP prophylactic regimens and monitoring strategies.

Target Audience: Advocate Health Pharmacists, Physicians, Nurses, and other interested healthcare professionals

Disclosure: The planner(s) and speaker(s) have indicated that there are no relevant financial relationships with any ineligible companies to disclose.

Link to Live Sessions: [Pharmacy Grand Rounds 2026](#)

Commercial Support: There is no financial support for this activity.

Accreditation Statement:



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In support of improving patient care, Advocate Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Statement(s):

Accreditation Council for Pharmacy Education (ACPE):

Advocate Health designates this live activity for a maximum of 1 hour of CPE credit for pharmacists. CPE credit can be claimed on the AH CE platform within 60 days of activity completion and information will be provided to CPE Monitor. Participants should only claim credit commensurate with the extent of their participation in the activity.

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American Medical Association (AMA): Advocate Health designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC): Advocate Health designates this live activity for a maximum of 1.0 ANCC contact hours/APRN pharmacological hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Contact Elaine Thomas (elaine.r.thomas@advocatehealth.org) with questions.

