



Drug Fever in the Critically Ill: Recognition and Management Pearls

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Disclosures

The planner(s) and speaker(s) have indicated that there are no relevant financial relationships with any ineligible companies to disclose.

Learning Objectives

At the end of this session, learners should be able to:

- Outline the definition and mechanism of drug fever in the critically ill patient
- Differentiate drug fever from other fever etiologies
- Identify the common medications associated with drug fever in the critically ill patient
- Formulate a diagnosis and management plan for a critically ill patient with drug fever

Outline



Background knowledge



Review the mechanisms of drug fever



Review fever of unknown origin (FUO)



Evaluate common medication causes



Diagnostic approach



Management approach to drug fever

Abbreviation Key

ADR = adverse drug reactions

BP = blood pressure

CDC = Centers for disease control

CPPD = Calcium pyrophosphate deposition disease

CK = creatinine kinase

COPD = chronic obstructive pulmonary disease

CRP = C-Reactive protein

CT = Computed tomography

CXR = chest x-ray

DF = Drug fever

DRESS = Delayed reaction with eosinophilia and systemic symptoms

FNDP = Foundation for New Drug Pharmacovigilance

FUO = Fever of unknown origin

HR = heart rate

ICU = Intensive care unit

IDSA = Infectious disease society of America

IM = intramuscular

MAOI = monoamine oxidase inhibitor

NICU = neonatal intensive care unit

PICU = pediatric intensive care unit

RR = respiratory rate

SCCM = Society for critical care medicine

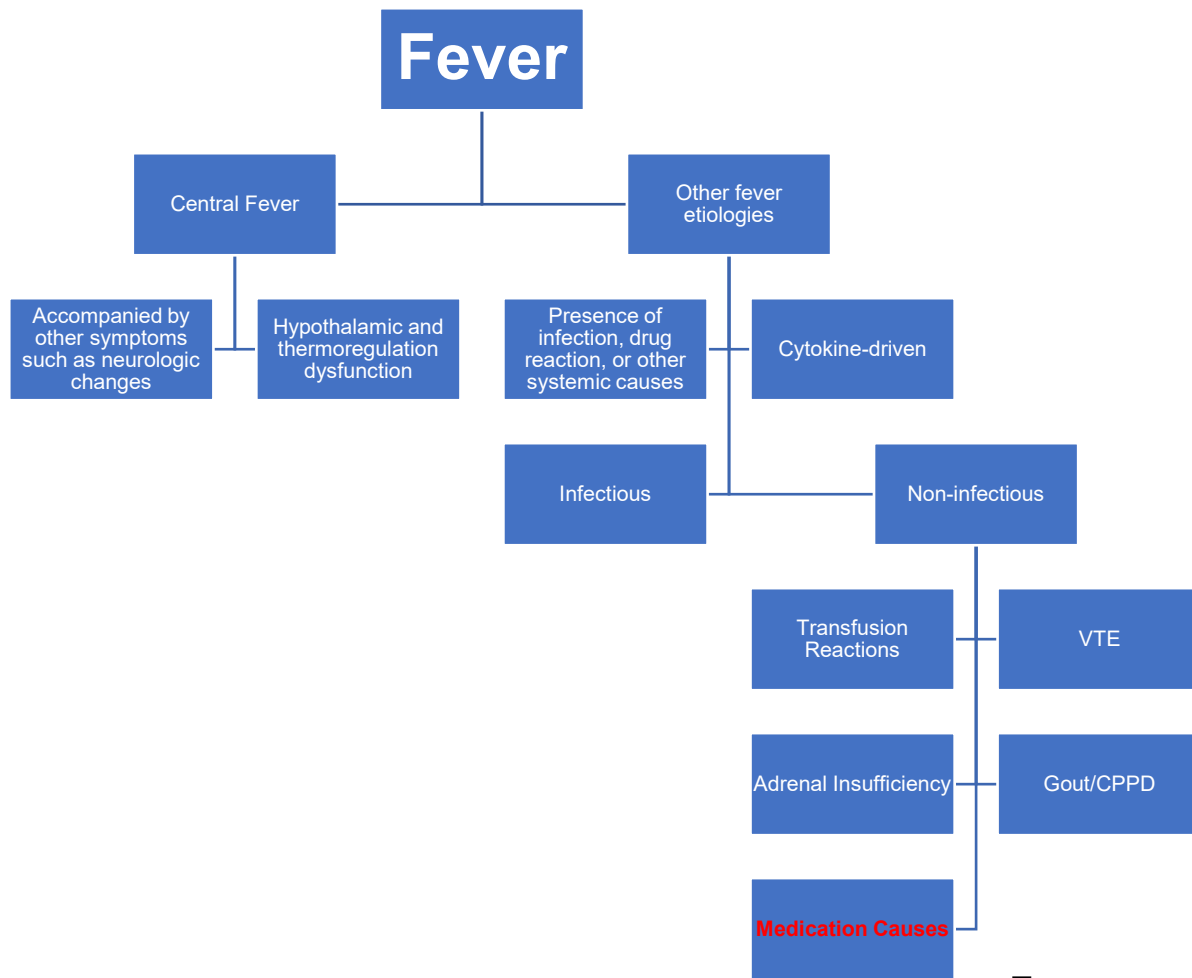
SSRI = selective serotonin reuptake inhibitor

VTE = Venous thromboembolism

WBC = White blood cell count

What Defines “Fever”?

Healthy Individuals	37°C (98°F)
Fever	
CDC Guidelines	38°C (100.4°F)
SCCM and IDSA Guidelines for ICU patients	38.3°C (101°F)
Hyperpyrexia/Hyperthermia	>41°C (105.8°F)



Epidemiology of Drug Fever

3-5% of febrile episodes in the ICU

Approximately 33% due to antibiotics

Diagnosis of **exclusion**

Diagnosis made by the temporal relation between fever and medications

Fever onset within
7-10 days of medication initiation

Resolution within **72 hours** of drug discontinuation

Mechanisms of Drug Fever

Pyrogen Release

Jarisch-
Herxheimer
Reaction

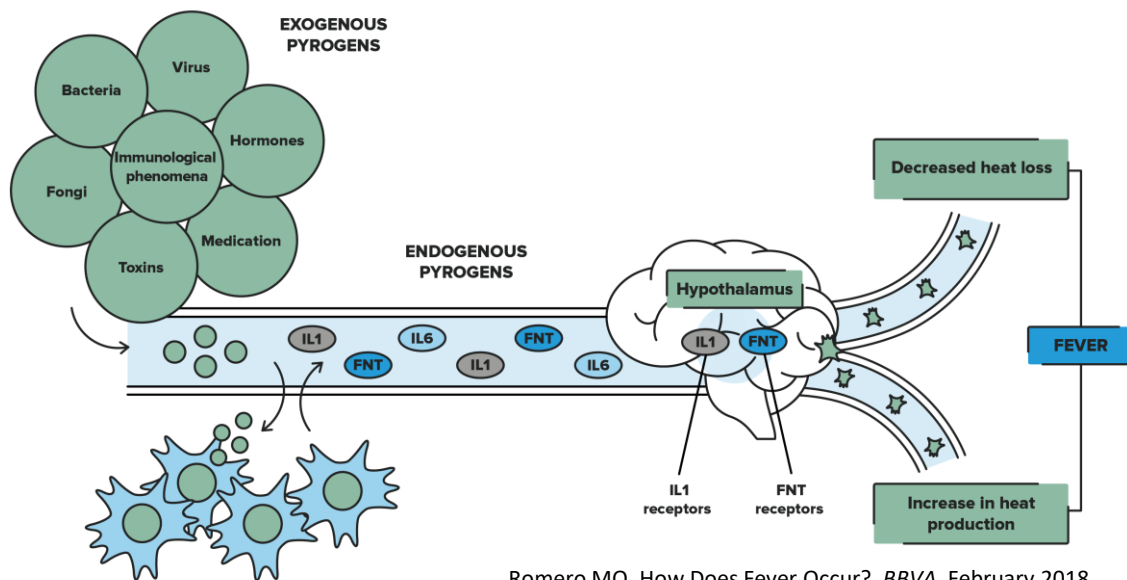
Irritant Drugs

Alterations of
thermoregulation

Hypersensitivity

Pyrogen Release

- Medications implicated in drug fever act as exogenous pyrogens
- Stimulate host immune cells to release endogenous pyrogens
- Endogenous pyrogens act on the hypothalamic thermoregulatory center to raise the set-point for body temperature



Romero MO. How Does Fever Occur?. BBVA. February 2018

Drug Causes: interferons,
amphotericin B

Jarisch-Herxheimer Reaction

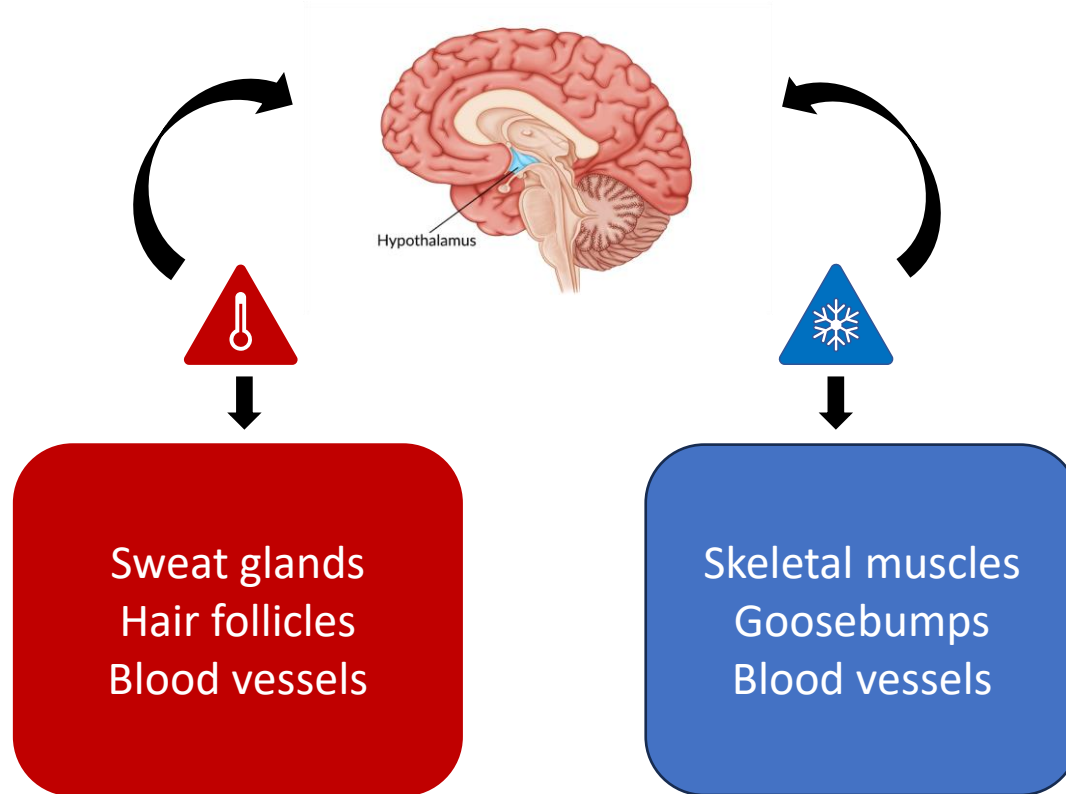
- Acute, transient inflammatory response during treatment of spirochetal infections
- Endotoxin-like materials released by bacteria increase cytokines
- Symptoms: **fever**, myalgias, and rash
- NOT an adverse drug reaction
- Onset: 2-8 hours after antibiotic administration

Drug causes: antibiotics for treatment of spirochetal infections

Irritant Drugs

- Cause inflammation or tissue damage
- Secondary infections
 - Chemical phlebitis
 - Sterile abscess formation (with IM injections such as diclofenac)
- **Drug causes:** vancomycin, erythromycin, cephalosporins

Alterations of Thermoregulation



Alterations of Thermoregulation

- Centrally: alter the set body temperature to high temperatures by impairing hypothalamic function
 - Drug causes: anticholinergics, and tricyclic antidepressants
- Peripherally: reduce the ability to lose heat by vasodilation and sweating. Metabolism can be altered leading to an increase in heat production
 - Drug causes: amphetamines

Hypersensitivity

- Low-grade fever with other features of hypersensitivity
- Onset: 7-10 days
- Leads to diagnostic difficulty
- **Drug causes:** beta-lactams, vancomycin, sulfa antibiotics, ACEIs, and anti-seizure drugs

Drug Induced Hyperthermia

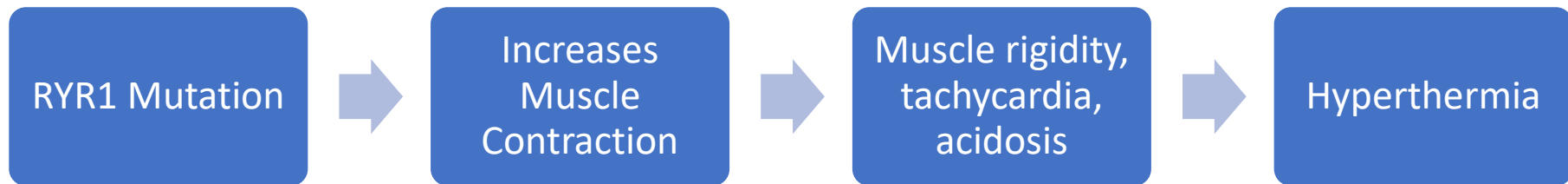
Malignant
Hyperthermia

Neuroleptic
Malignant
Syndrome

Serotonin
Syndrome

DRESS

Malignant Hyperthermia



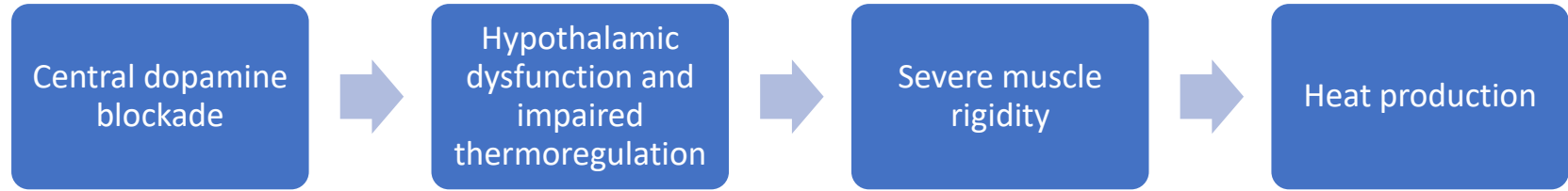
Common triggers: volatile anesthetics and succinylcholine

Clinical Features: Rapid Rise in CO₂, Hyperthermia, Muscle rigidity, Rhabdomyolysis, Hyperkalemia, Acidosis

Diagnosis: Caffeine-halothane contracture test, CK elevation, myoglobinuria

Treatment: Dantrolene, discontinue triggering agent, cooling, treat hyperkalemia

Neuroleptic Malignant Syndrome



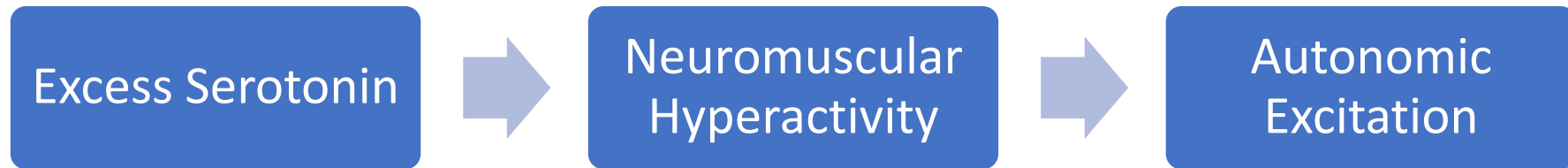
Common Triggers: Antipsychotics and dopamine withdrawal

Presentation: Hyperthermia, rigidity, altered mental status, autonomic instability

Diagnosis: elevated CK, leukocytosis, onset of 1-3 days

Treatment: Stop offending agent, supportive care, bromocriptine or dantrolene

Serotonin Syndrome



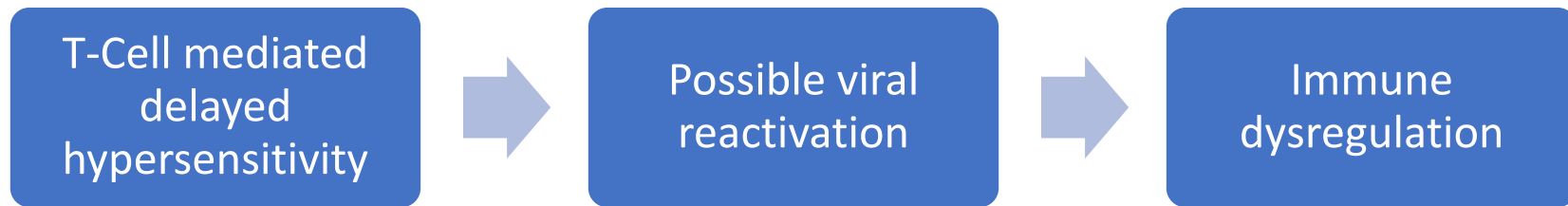
Common triggers: SSRIs, MAOIs, drug-drug reactions

Presentation: hyperthermia, hyperreflexia, tremor, agitation

Diagnosis: Hunter criteria

Treatment: Stop offending agent, benzodiazepines, cyproheptadine

DRESS



Common Triggers: antiepileptics, sulfonamides, vancomycin

Presentation: Fever, rash, edema, eosinophilia, organ involvement

Diagnosis: RegiSCAR criteria, eosinophilia

Treatment: stop offending agent, systemic corticosteroids

Fever of Unknown Origin

- **FUO criteria:** a temperature of 38.3°C or higher for a period of 3 inpatient days or at least 3 outpatient visits
- **Classifications:**
 - Classic
 - Nosocomial ICU vs non-ICU patients
 - Immunodeficiency-related
 - Travel-associated

Nosocomial FUO (ICU)

- Increased incidence of prolonged and unexplained fevers in hospitalized patients due to medical advances
- 31% of febrile critically ill patients had non-infectious fevers
- **Initial Assessment**
 - Nosocomial infections (catheter-associated infections)
 - Urinary tract infections
 - Pneumonias
 - Intraabdominal infections
 - Sinusitis
 - *Clostridium difficile* infections

Assessment Question #1

Which feature is most suggestive of drug fever rather than infectious fever in a critically ill patient?

- A. Fever associated with leukocytosis and hypotension
- B. Fever that persists despite appropriate antimicrobial therapy
- C. Fever occurring within 24 hours of central line placement
- D. Fever accompanied by purulent respiratory secretions

Naranjo Adverse Drug Reaction Probability Scale

- Validated, standardized questionnaire
- Reduces subjectivity in adverse event assessment
- Commonly used in clinical practice, case reports, and research
- Aids in differentiating drug-related reactions from disease progression or other causes

Naranjo Adverse Drug Reaction Probability Scale

- Consists of 10 weighted questions
- Questions assess temporal relationship, de-challenge and rechallenge, alternative causes and dose-response
- Total score categorizes adverse event probability

Score	Interpretation
≥9	Definite ADR
5-8	Probable ADR
1-4	Possible ADR
0	Doubtful ADR

Vodovar, D. *et al.* 2012

Objective

- Investigate drugs associated with drug fever and report outcomes

Methods

- Utilized the Foundation for New Drug Pharmacovigilance (FNDP) to collect adverse drug reactions
- Diagnostic criteria:
 - Body temperature > 38°C
 - Absence of other causes, conditions, and skin reactions causing fever
 - Timing of fever onset with drug administration and the disappearance of the fever within 72 hours following discontinuation
 - No recurrence of fever within 72 hours after fever resolution
 - Exclusion of other differential diagnoses: antipsychotic malignant syndrome, serum sickness, serotonin syndrome and malignant hyperthermia

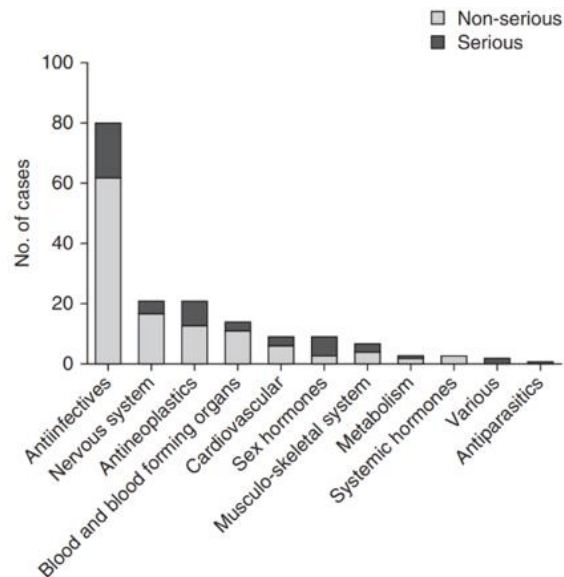
Outcomes analyzed

- Naranjo scoring tool: A total score corresponding to the likelihood of drug fever as 'doubtful', 'possible', 'probable', or 'definite'

Vodovar, D. *et al.* 2012

Results

- 167 cases enrolled
- Drug fever represented 0.05% of all adverse drug reactions reported (167/323,340)
- 33% of the cases were 'possible', 47% were 'probable' and 20% were 'definite'
- DF pattern was continuous (71/137; 52%) or intermittent (66/137; 48%)
- Time from drug administration to fever average onset was 2 days.
 - DF appeared <12 hours after first exposure to the drug in 11% of patients (14/137) and within 10 days in 74% of patients (101/137)
- 115 drugs were shown to be responsible for DF
 - **Antimicrobial** agents most frequently associated



Vodovar, D. *et al.* 2012

Conclusion

- Drug fever remains underdiagnosed and underreported
- Many drug classes associated with DF:
 - **Antimicrobials**, antiseizure, antineoplastics, immunomodulating and musculoskeletal agents

Discussion

- Diagnosis of drug fever remains difficult
- Rarely associated with severe symptoms and blood abnormalities
- Potential for initial hospitalization or prolonged hospitalization (25% of cases in the series)
- Contributes to additional health care costs

Limitations

- Cases were based on spontaneous reporting
- Likely underreporting

Yaita K, et. al. 2016

Objective

- Retrospective analysis of drug fever in patients undergoing infectious disease consultations

Methods

- 388 patient records with infectious disease consults
- Chart reviewed and summarized drug fever characteristics

Outcomes analyzed

- Clinical signs (bradycardia, onset of drug fever and alleviation of fever once discontinued)
- Laboratory tests (WBC, CRP, procalcitonin, and transaminases)

Yaita K, et. al. 2016

Results

- 16 patients met inclusion criteria
- Duration of drug administration prior to become febrile = 8.6 ± 5.3
- Interval between the discontinuation of the drug and alleviation of fever = 3.4 ± 3.3
- Clinical signs and laboratory tests were compatible with previous reports
- Five cases involved the use of glycopeptides (vancomycin and teicoplanin)
- Five cases involved the use of beta-lactams
- Procalcitonin levels were negative, CRP was low, and mild elevation in transaminases

	(n=16)
Peak WBC, mean $\pm$ SD (/ μ L)	7,519 $\pm$ 3,551
(Eosinophils, mean $\pm$ SD) (/ μ L)	(420 $\pm$ 575)
Peak AST level, mean $\pm$ SD (IU/L)	47.7 $\pm$ 46.0
Peak ALT level, mean $\pm$ SD (IU/L)	48.9 $\pm$ 59.5
Peak CRP level, mean $\pm$ SD (mg/dL)	5.1 $\pm$ 3.9
Peak PCT level ^a	
≤ 0.1 (ng/dL)	8
0.1 - 0.25 (ng/dL)	2
> 0.25 (ng/dL)	1
Neutropenia	4
Eosinophilia	4

Yaita K, et. al. 2016

Conclusion

- Demonstrated glycopeptides and beta-lactams may be an origin of drug fever
- A negative or low procalcitonin level with other clinical findings may be helpful in diagnosis

Discussion

- Characteristics including the onset, time to improvement after discontinuation, bradycardia, moderate to slightly elevated WBC, low CRP, and mild elevation in transaminases were compatible with results shown in previous reports
- Prevalence of relative bradycardia and glycopeptides was higher than expected (14/16 patients)

Limitations

- Retrospective study
- Commonly, more than one antibiotic was simultaneously administered
- Other antibiotics had been administered after previous drug was stopped

Naden M, et. al. 2023

Objective

Evaluated incidence of fever in critically ill pediatric patients receiving continuous infusion dexmedetomidine

Methods

- Retrospective study
- Admitted to the pediatric or neonatal intensive care units (PICU or NICU) between November 2017 and December 2021
- Continuous infusion of dexmedetomidine

Outcomes analyzed

- Fever of $\geq 38^{\circ}\text{C}$
- Patient and drug characteristics in the febrile and afebrile groups compared

Naden M, et. al. 2023

Results

- 151 patients evaluated
- 13/151 experienced fever $\geq 38^{\circ}\text{C}$ (8.6%)
- Statistically significant differences in age, weight, and maximum rate of dexmedetomidine infusion between the fever and non-fever groups
- Febrile patients were younger than those in afebrile group ($p=0.0006$)
- Febrile group received higher median maximum infusion rate (0.8 mcg/kg/h) for a longer duration ($p=0.0001$)
- Median temperature of febrile group: 38.2°C
- Median time to fever onset 9.7 hours at median dexmedetomidine rate of 0.4 mcg/kg/h

Naden M, et. al. 2023

Conclusion

- First study to evaluate the relationship between dexmedetomidine and fever development in pediatric population
- Significant correlations between fever and decreased age, higher doses and longer durations of infusion

Discussion

- Incidence of fever in this study higher than that reported in drug monograph
- The findings related to maximum dose unsurprising given dose-dependent effects

Limitations

- Retrospective study
- Small number of patients meeting the primary objective
- Inconsistency of temperature collection methods which included oral, axillary, rectal, and bladder

Assessment Question #2

Which medication class is most commonly associated with hypersensitivity-mediated drug fever in the ICU?

- A. Fluoroquinolones
- B. Beta-lactam antibiotics
- C. Vasopressors
- D. Proton pump inhibitors

Clinical Presentation

Time between initiation of drug and fever onset

- Development of fever is 2-8 days
- Varies widely depending on the medication
- Quicker onset if the patient had previous exposure

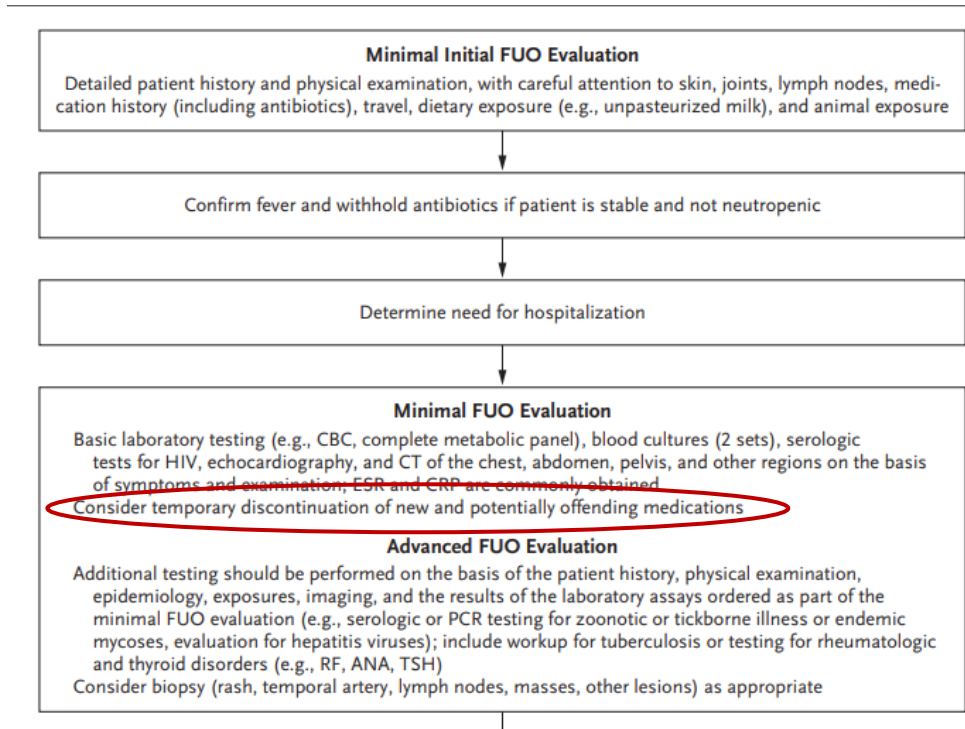
Fever Pattern

- No specific fever pattern was observed for drug fever
- Not used as a diagnostic indicator

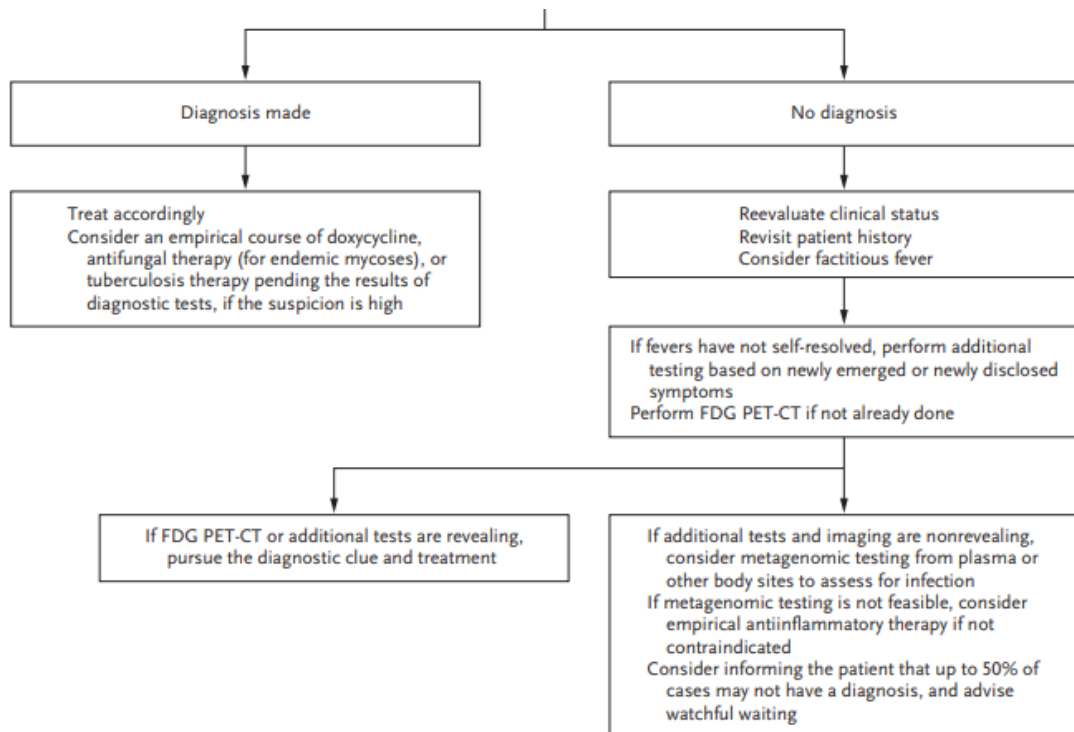
Associated Symptoms

- Bradycardia (pulse-temperature dissociation, Faget's sign)
- Skin manifestations
- Shaking/chills/rigors occur

Fever of Unknown Origin (FUO) Algorithm



FUO Algorithm



Diagnosis

Negative blood cultures, excluding contaminants, and look “relatively well” for the degree of fever

Considered in the differential diagnosis with a new-onset fever in patients previously afebrile for more than 48h or prolonged fever for more than 72 hours despite appropriate treatment

Difficult diagnosis with no localizing signs, may present as an FUO

Tentative diagnosis of drug fever should be established after excluding other diseases. Include detailed history and physical exam

Clinical clue: relative bradycardia

- In such patients, pulse-temperature deficits have no diagnostic significance.

Society of Critical Care Medicine and the Infectious Diseases Society of America Guidelines for Evaluating New Fever in Adult Patients in the ICU

IDSA/SCCM recommendations

Central temperature monitoring methods are preferred. May also include oral or rectal temperature monitoring

Avoid antipyretic medications for the specific purpose of reducing temperature

Imaging

- Chest radiograph is recommended
- If recently underwent intraabdominal surgery, recommend a CT and/or abdominal ultrasound
- When other diagnostic tests failed to establish an etiology, recommend a CT

IDSA/SCCM recommendations

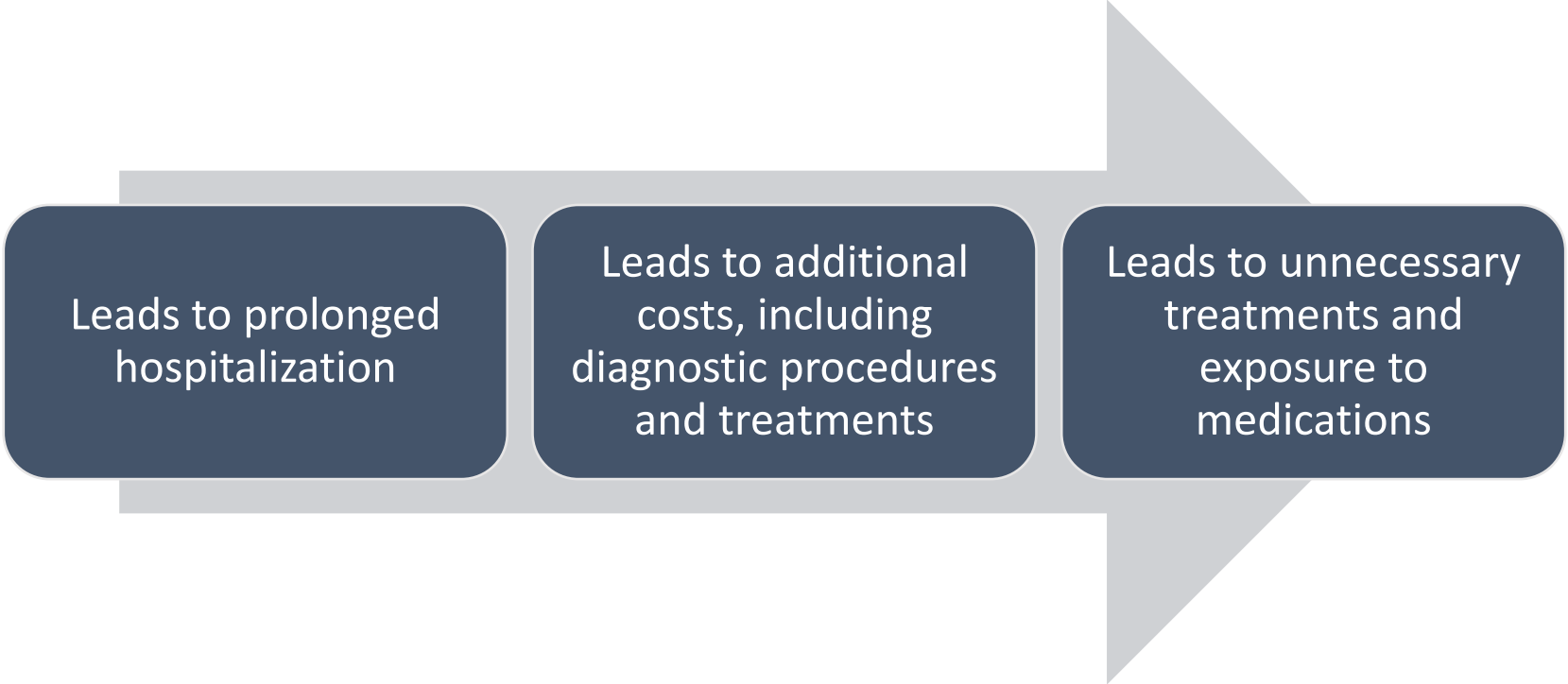
Laboratory testing

- With central venous catheters, recommend collection from catheter and peripherally for blood cultures
 - Collect two sets of blood cultures from different sites at the same time
- When urinary tract infection is suspected, replace urinary catheter and obtain cultures from the new catheter
- With suspected pneumonia or upper respiratory tract infections, recommend testing for viral pathogens
- **Specific for drug fever**
 - Eosinophilia (eosinophils >300)
 - Leukopenia (incidence 0.9-90%)
 - Normal procalcitonin

Bacterial infection probability

- Low to intermediate → recommend CRP and procalcitonin
- High → recommend NOT using CRP or procalcitonin

Consequences of Not Diagnosing Drug Fever



Leads to prolonged hospitalization

Leads to additional costs, including diagnostic procedures and treatments

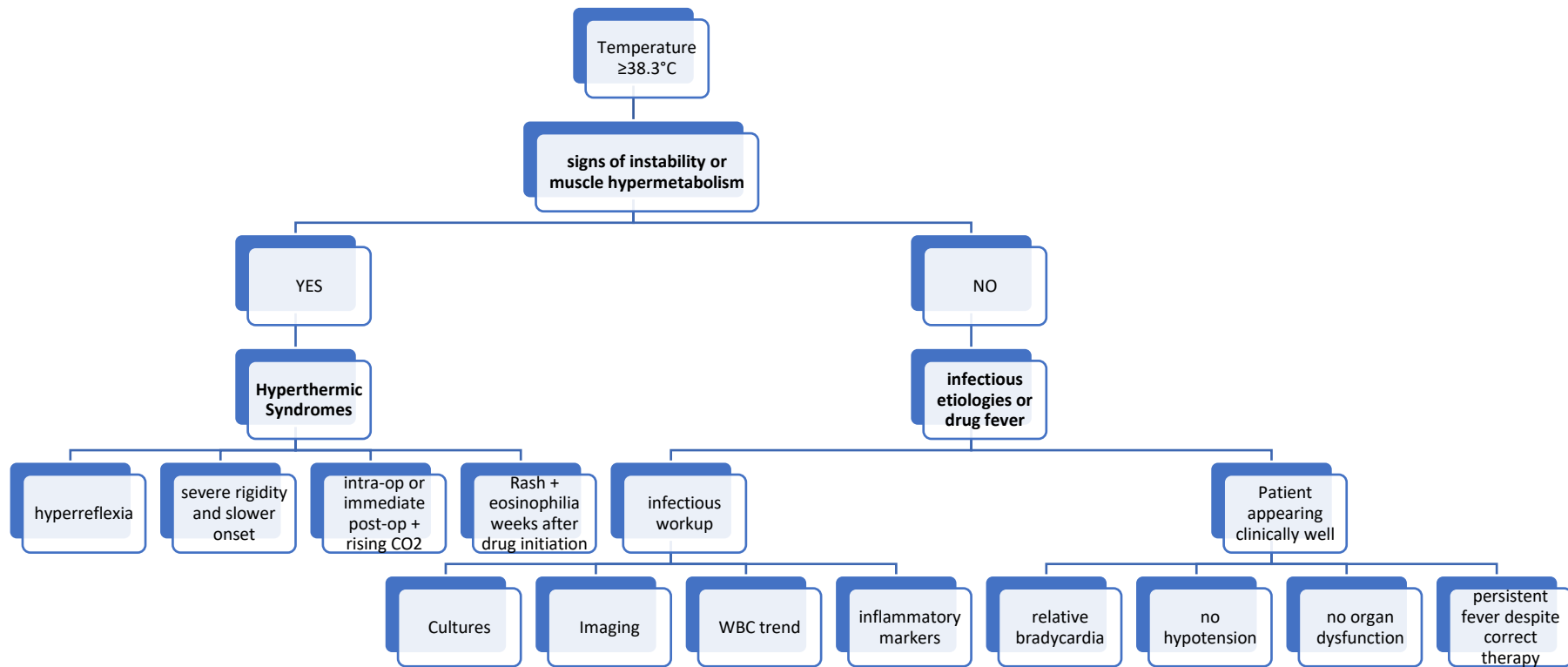
Leads to unnecessary treatments and exposure to medications

Assessment Question #3

According to IDSA/SCCM guidance, which action is MOST appropriate when evaluating persistent fever of unknown origin in a critically ill patient?

- A. Escalate antimicrobial therapy empirically
- B. Discontinue all antipyretics
- C. Perform a structured reassessment including medication review
- D. Delay further workup until fever persists for ≥ 7 days

Drug Fever Differentials



Management

Discontinue the suspected culprit drug to confirm the diagnosis

Drug discontinuation is both diagnostic and treatment

The prognosis is usually favorable

- A study on drug fever reported that 97% of patients recovered without complication

Management

Specific medication causes have been identified through case reports

Beta-lactam
antibiotics

Sedatives

Antiseizure
medications

Antipsychotics

H2 Receptor
Antagonist

Beta-lactam Antibiotics

Patient Presentation

- 36-year-old female
- Admitted for scoliosis correction surgery
- At post-operation day 6, the incision site was slightly red.
- Wound was debrided

Intervention

- Intravenous vancomycin and piperacillin/tazobactam was initiated
- The patient had developed fevers at day 3 of antibiotic therapy

Beta-lactam Antibiotics

Workup

A thorough history was completed

Imaging included a chest radiography

Physical examination

Blood cultures and urinalysis

The infectious workup came back negative

Conclusion

All systemic antibiotics were discontinued

The fever lasted for a total of 2 weeks

The patient's temperature returned to normal 4 days after piperacillin/tazobactam was discontinued

Sedation

Patient Presentation

- 34-year-old male
- Admitted for COVID-19 pneumonia
- Clinical course complicated by severe hypoxia and cardiac arrest requiring ICU admission

Intervention

- On day 7 of admission, respiratory status improved and being prepared for extubation
- The patient's sedation was transitioned to dexmedetomidine
- Developed a fever 12 hours after the start of infusion

Sedation

Workup

Fevers prompted empiric sepsis management with intravenous fluids and broad-spectrum antibiotics

Blood, fungal, and respiratory cultures were unremarkable

Conclusion

With no clear fever etiology, the dexmedetomidine was weaned

After the dexmedetomidine was discontinued, temperature returned to normal

Dexmedetomidine corresponded to a 'probable' associated on the Naranjo Adverse Drug Reaction Scale

Antiseizure medication

Patient Presentation

- 24-year-old male admitted to the ICU with seizures
- Experienced a tonic-clonic seizure 4 days prior to admission
- Has a history of prior seizures 7 years prior, not on antiseizure medication prior to admission

Intervention

- Patient received a loading dose of levetiracetam and continued scheduled dosing
- On day 2 of admission, patient became febrile, and continued to be persistently febrile

Antiseizure medication

Workup

Broad-spectrum antibiotics were initiated and escalated on day 8

The infectious disease team was consulted on day 4 due to continued fever of unknown origin

Blood cultures and viral cultures were repeated and negative

Bilateral upper and lower venous duplex was negative for thrombosis

Conclusion

On day 11 of persistent fever, all antibiotics were discontinued

On day 14, patient remained febrile and medication profile was reviewed. Levetiracetam was identified as a causative agent

Levetiracetam was discontinued and changed to phenytoin

The following day patient was afebrile until discharge

Levetiracetam was scored 'probable' on the Naranjo Adverse Drug Reaction Scale

Antipsychotics

Patient Presentation

- 40-year-old female
- History of schizophrenia, non-compliant with medication

Intervention

- Olanzapine 10 mg daily was initiated
- On day 17; patient developed a fever

Antipsychotics

Workup

Physical exam unremarkable

Laboratory data: cell counts, creatinine phosphokinase unremarkable

Urine cultures and blood cultures negative

autoimmune antibodies, cancer antigens, cerebrospinal fluid analysis, chest films, abdominal ultrasonography, were unremarkable

Conclusion

Treatment with multiple antibiotic courses and antipyretics failed to improve fever

On day 47; drug fever was suspected and olanzapine dose was decreased to 5 mg

On day 52; the patient's temperature had normalized

H2 Receptor Antagonist

Patient Presentation

- 59-year-old female
- Admitted for management of Guillain-Barre syndrome
- Long-term admission in the neurocritical ICU

Intervention

- Famotidine was initiated early in hospitalization for gastrointestinal prophylaxis
- Throughout appropriate treatment, patient has suffered from a mild persistent fever

H2 Receptor Antagonist

Workup

Imaging negative for acute pathology

Extensive infectious workup was initiated twice in the span of 2 weeks and unremarkable

Additional differentials were examined

Conclusion

Common offending drugs were eliminated in a stepwise fashion

On day 25 of persistent fever, famotidine was discontinued and the fever resolved within 12 hours

Real-World Management of Drug-Induced Fever

Iatrogenic causes of fevers are commonly overlooked

Important to exclude all other etiologies of fever

Drug induced fever is a diagnosis of exclusion

Diagnosis confirmed by withdrawal of offending agent

Assessment Question #4

Which management strategy is most appropriate once drug fever is suspected?

- A. Continue the offending agent and add scheduled antipyretics
- B. Substitute the suspected drug with an agent from the same class
- C. Discontinue the suspected agent and monitor for fever resolution
- D. Initiate corticosteroids empirically

Case: BL – Persistently Febrile

BL is a 72-year-old male admitted for septic shock secondary to pneumonia

PMH: COPD, hypertension

Initial resuscitation:
intravenous fluids,
vasopressor support, and
empiric antibiotics:
Vancomycin and
piperacillin/tazobactam

**Prior to admission
medications**

- Amlodipine 10 mg daily
- Omeprazole 20 mg daily
- Tiotropium inhaler 2 puff daily

BL Initial Workup

Vital Signs

- T39°C
- HR 122 bpm
- BP 82/46 mmHg
- RR 28
- SpO2 86% RA

Imaging

- CXR: Right lower lobe consolidations

Initial Labs

- WBC: 19.8
- Lactate 4.6
- Procalcitonin 14.2 ng/L
- CRP 28 mg/dL

Cultures

- Respiratory culture +*Streptococci pneumoniae*
- Blood cultures negative

Hospital Course: Day 6

Vital Signs

- T38.6-39°C
- HR 72 bpm
- BP 124/72 mmHg
- RR 16
- SpO2 96% RA

Imaging

- CXR: improving right lower lobe opacity
- Ultrasound of extremities negative for thrombosis

Initial Labs

- WBC: 7.8
- Lactate 1
- Procalcitonin 0.10 ng/L
- CRP 0 mg/dL

Cultures

- Repeat blood cultures negative
- Respiratory viral panel negative

Assessment

Clinical Presentation

- **Timing:** continued fever after 6 days of appropriate treatment
- Relative bradycardia

Diagnosis

- Repeat infectious and non-infectious workups negative
- Looks “well” for temperature

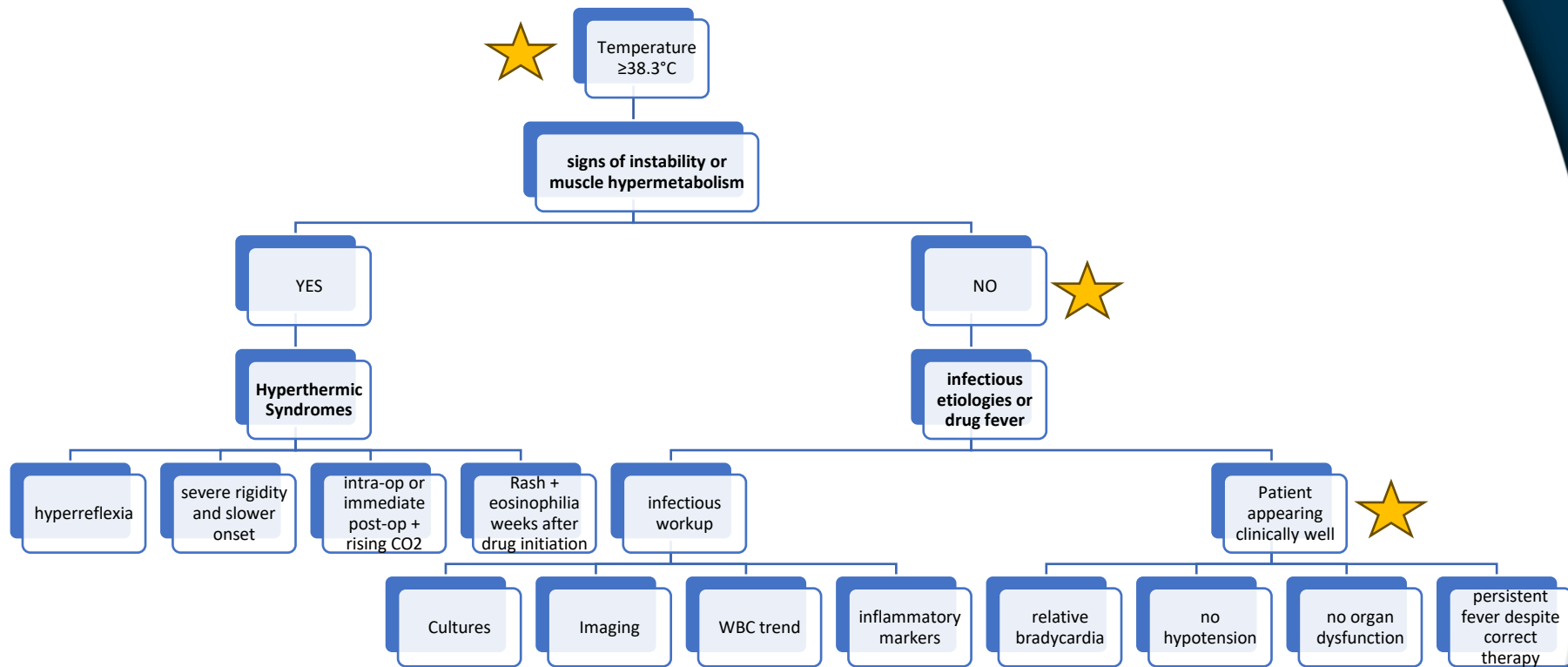
Is this drug fever?

Case: BL – Persistently Febrile

Inpatient Medications

- Vancomycin 1,250 mg IV daily
- Piperacillin/tazobactam 3.375 mg IV every 8 hours
- Amlodipine 10 mg by mouth daily
- Tiotropium inhaler 2 puffs daily
- Omeprazole 20 mg by mouth daily

Assessment



Case: BL – Plan

All other
etiologies of
fever were
ruled out

Both
antibiotics
were
discontinued

The team
monitored
for
resolution of
fever

Within 48
hours the
patient
became
afebrile

Summary/Conclusion

Drug fever is underreported and underdiagnosed

Primary literature is sparse regarding drug fever and there are specific medications that can be potential causes

Drug fever is a diagnosis of exclusion; rule out all other causes of fever first

Consider drug fever in the differential diagnosis when treating patients with a fever of unknown origin

Opportunity to optimize patient care, decrease hospital length of stay and healthcare costs

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Questions?

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