

# Guardians of the Gut: Review of Stress Ulcer Prophylaxis Guidelines

February 5, 2026, 12:00PM CT/1:00PM ET  
Lutheran 10 West Special Functions Room and Virtual via Teams

**Overview:** This presentation will review the newly updated stress ulcer prophylaxis guidelines and their implications on current clinical practice. Attendees will be able to apply these updates to patient cases and make a difference in prophylaxis stewardship.

**Speaker:** Isabella Rotondi, PharmD, PGY1 Pharmacy Resident- Advocate Lutheran General Hospital

**Preceptor:** Adrienne Guzman, PharmD, BCPS and Khushali Patel, PharmD, BCPS

## Objectives:

1. Describe the pathophysiology of stress ulcers in critically ill patients
2. Review current practice and summarize the new stress ulcer prophylaxis (SUP) guidelines
3. Discuss the therapeutic options for SUP and their associated risk
4. Apply updated SUP recommendations to eligible patient populations

**Target Audience:** Advocate Health Pharmacists, Physicians, Nurses, and other interested healthcare professionals

**Link to Pharmacy Grand Rounds 2026 Sessions:** [Pharmacy Grand Rounds 2026 | Advocate Health](#)

**Disclosure:** The planner(s) and speaker(s) have indicated that there are no relevant financial relationships with any ineligible companies to disclose.

**Commercial Support:** There is no financial support for this activity.

## Accreditation Statement:



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## Credit Statement(s):

### Accreditation Council for Pharmacy Education (ACPE):

Advocate Health designates this live activity for a maximum of 1 hour of CPE credit for pharmacists. CPE credit can be claimed on the AH CE platform within 60 days of activity completion and information will be provided to CPE Monitor. Participants should only claim credit commensurate with the extent of their participation in the activity.

**UAN:** JA0006327-0000-26-001-L01-P

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