

# Revolutionizing Osteoporosis Care: The Latest Advances in Goal-Directed Therapy

1/6/26 at 12:00pm CT, 1pm ET | Virtual via Teams

**Overview:** Since the release of the 2017 American College of Physicians Guidelines for the management of osteoporosis, new advancements in pharmacotherapy and emerging research have prompted a review of current treatment approaches. Updated recommendations from various organizations now advocate for initiating appropriate pharmacotherapy based on patient specific factors and risk stratification. These developments also highlight many opportunities for pharmacists to play a key role in optimizing osteoporosis pharmacotherapy.

**Speaker:** Kayla Groen, PharmD, PGY1 Pharmacy Resident – Advocate Good Samaritan Hospital

**Preceptors:** Megan Corrigan, PharmD

## Objectives:

- Outline the pharmaceutical classes used in osteoporosis treatment.
- Describe treatment targets for treating osteoporosis.
- Identify potential opportunities for pharmacist intervention in osteoporosis management.
- Apply new goal-directed treatment strategies to a patient case.

**Target Audience:** Advocate Health Pharmacists, Physicians, Nurses, and other interested healthcare professionals

**Disclosure:** Megan Corrigan, Consultant, WG Critical; The other planner(s) and speaker(s) have indicated that there are no relevant financial relationships with any ineligible companies to disclose.

**Commercial Support:** There is no financial support for this activity.

**Link to Live Sessions:** [Pharmacy Grand Rounds 2026](#)

## Accreditation Statement:



In support of improving patient care, Advocate Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## Credit Statement(s):

### Accreditation Council for Pharmacy Education (ACPE):

Advocate Health designates this live activity for a maximum of 1 hour of CPE credit for pharmacists. CPE credit can be claimed on the AH CE platform within 60 days of activity completion and information will be provided to CPE Monitor. Participants should only claim credit commensurate with the extent of their participation in the activity.

**UAN:** JA0006327-0000-26-001-L01-P

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