

# From Monoclonal Gammopathy to Myeloma: Decoding the Smoldering Phase

January 15 2026, 12:00PM CST/1:00PM EST; CMC Videoconference Center Studio B and Virtual via Teams

**Overview:** We will explore the complexities of smoldering multiple myeloma (SMM), where the decision to observe or intervene can significantly impact patient outcomes. This activity provides pharmacists with practical strategies and evidence-based insights to guide balanced, patient-centered care in this often silent, high-risk stage of disease.

**Speaker:** Cesilia Baltazar, PharmD, MBA, PGY1 Pharmacy Resident – Atrium Health Carolinas Medical Center

**Preceptor:** Grace Elsey, PharmD, BCOP

## Objectives:

1. Differentiate between monoclonal gammopathy of undetermined significance (MGUS), smoldering multiple myeloma (SMM), and multiple myeloma (MM based) on current diagnostic criteria
2. Describe National Comprehensive Cancer Network (NCCN) and International Myeloma Working Group (IMWG) guidelines for the risk of stratification, monitoring and management of patients with SMM
3. Clinically assess the benefits and drawbacks of early therapeutic intervention in SMM
4. Review recent clinical trial data to support evidence-based decision making in the management of SMM

**Target Audience:** Advocate Health Pharmacists, Physicians, Nurses, and other interested healthcare professionals

**Disclosure:** Grace Elsey-Consultant, pegaspargase in ALL, Jazz Pharmaceuticals. The other planner(s) and speaker(s) have indicated that there are no relevant financial relationships with any ineligible companies to disclose.

**Link to Live Sessions:** [Pharmacy Grand Rounds 2026](#)

**Commercial Support:** There is no financial support for this activity.

## Accreditation Statement:



In support of improving patient care, Advocate Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## Credit Statement(s):

### Accreditation Council for Pharmacy Education (ACPE):

Advocate Health designates this live activity for a maximum of 1 hour of CPE credit for pharmacists. CPE credit can be claimed on the AH CE platform within 60 days of activity completion and information will be provided to CPE Monitor. Participants should only claim credit commensurate with the extent of their participation in the activity.

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