

Atrium Health and Wake Forest Clinical Sleep Symposium

AGENDA

Friday, March 6th

7:30 AM – 8:00 AM	REGISTRATION & BREAKFAST
8:00 AM – 8:15 AM	Opening Remarks & Sleep Medicine in NC Update <i>Douglas Kirsch, MD & Andrew Namen, MD</i>
8:15 AM – 9:00 AM	The Role of Pulse Oximetry in Sleep <i>Andrew Namen, MD</i>
9:00 AM – 9:45 AM	Hypersomnia Drugs: Today and the Future <i>Scott Ryals, MD</i>
9:45 AM – 10:15 AM	BREAK/VISIT EXHIBITS
10:15 AM – 11:00 AM	Pharmacological Insomnia Management <i>Neeraj Kaplish, MD</i>
11:00 AM – 11:45 AM	Sleep in Women: Practical Management <i>Katie Sharkey, MD</i>
11:45 AM – 12:45 PM	LUNCH/VISIT EXHIBITS
12:45 PM – 1:30 PM	PLATO: A Patient-Reported Outcome Tool for OSA <i>Douglas Kirsch, MD</i>
1:30 PM – 2:15 PM	Practical Strategies for Shift Work Management <i>Kristin Daley, PhD</i>
2:15 PM – 3:00 PM	Updates in Implantable Nerve Stimulation <i>Hafiz Patwa, MD</i>
3:00 PM – 3:30 PM	BREAK/VISIT EXHIBITS
3:30 PM – 4:15 PM	Lung Disease and Sleep <i>Ian Murphy, MD</i>
4:15 PM – 5:00 PM	Performance and Sleep <i>Andrew Spector, MD</i>
5:00 PM – 5:15 PM	Q&A and Closing Remarks

For more information contact gina.barnard@advocatehealth.org
Register & Pay Online: <https://www.southpiedmontahec.org/event/75795>



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Course Directors

Douglas Kirsch, MD

Andrew Namen, MD

Faculty

Kristin Daley, PhD | BASE Cognitive Behavioral

Neeraj Kaplish, MD | University of Michigan

Douglas Kirsch, MD | Advocate Health

Ian Murphy, MD | Advocate Health

Andrew Namen, MD | Atrium Health Wake Forest Baptist

Hafiz Patwa, MD | Atrium Health Wake Forest Baptist

Scott Ryals, MD, FAASM | Advocate Health

Katie Sharkey, MD | Atrium Health Wake Forest Baptist

Andrew Spector, MD | Duke Health

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