

Atrium Health & Wake Forest Baptist Clinical Sleep Symposium 2025

February 28, 2025

8:05 AM – 8:15 AM	Introduction & Sleep Medicine in NC
	<i>Douglas Kirsch, MD & Andrew Namen, MD</i>
8:15 AM – 9:00 AM	PTSD and Sleep: Strange Bedfellows
	<i>Gray Bullard, MD</i>
9:00 AM – 9:45 AM	Out of the Box: Atypical Ways of Behaviorally Managing Sleep Disorders
	<i>Kristin Daley, PhD</i>
9:45 AM – 10:30 AM	Inspire Management: The Good, the Bad, and the Ugly
	<i>Andrew Namen, MD</i>
10:30 AM – 11:00 AM	QUESTIONS & BREAK
11:00 AM – 11:45 AM	Updates in RLS 2025
	<i>Andrew Spector, MD</i>
11:45 AM – 12:30 PM	Managing Complex PAP Devices in the Clinic
	<i>Aneesha Das, MD</i>
12:30 PM – 1:15 PM	LUNCH & VISIT EXHIBITS
1:15 PM – 2:00 PM	Updates in Pediatric Sleep Medicine
	<i>Dominic Gault, MD</i>
2:00 PM – 2:45 PM	Skin Tone Variation Effects on Pulse Oximetry Readings
	<i>Indira Gurubhagavatula, MD</i>
2:45 PM – 3:15 PM	QUESTIONS & BREAK
3:15 PM – 4:00 PM	Racing Around the Clock: Circadian Rhythm Disorders and their Impacts
	<i>Clark Pinyan, MD</i>
4:00 PM – 4:45 PM	Emergencies in the Sleep Laboratory
	<i>Douglas Kirsch, MD</i>
4:45 PM – 5:00 PM	Q&A and Closing Remarks
	<i>Douglas Kirsch, MD & Andrew Namen, MD</i>

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Speakers

Gray Bullard, MD

Atrium Health Wake Forest Baptist

Kristin Daley, PhD

Atrium Health

Aneesa Das, MD

Ohio State University Wexler Medical Center

Dominic Gault, MD

Prisma Health

Indira Gurubhagavatula, MD

Penn Medicine at University of Pennsylvania

Douglas Kirsch, MD

Atrium Health

Andrew Namen, MD

Atrium Health Wake Forest Baptist

Clark Pinyan, MD

Atrium Health Wake Forest Baptist

Andrew Spector, MD

Duke Health