



49th Annual Internal Medicine Conference

March 12-14, 2025

Friday Conference Center at UNC Chapel Hill, NC

Join us for an exceptional opportunity to receive updates on the latest evidence-based advancements in primary care health promotion and disease management. Hosted by the Department of Medicine at the University of North Carolina (UNC) at Chapel Hill School of Medicine, this activity is planned in collaboration with 11 clinical divisions, ensuring a broad range of topics relevant to daily practice.

The program also features expert presentations from distinguished faculty across multiple departments within the School of Medicine. A key highlight of the conference is a dedicated 2-hour session focusing on the use of controlled substances for pain management and other indications, addressing critical and timely issues in clinical practice.

This activity is designed for primary care clinicians, including internists, family medicine practitioners, physician assistants (PAs), family nurse practitioners (FNPs), pharmacists, nurses, and other healthcare professionals seeking evidence-based updates to enhance their practice.

More information and details:

<https://www.southpiedmontahec.org/event/74564>:

or use the QR Code





49th Annual Internal Medicine Conference
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Wednesday, March 12th

8:00 AM - 8:15 AM **Welcome and Announcements**

Thomas C. Keyserling, MD, MPH, Marco A. Alemán, MD, Katherine N. Gill, MD

8:15 AM - 8:20 AM **Introduction: Pulmonary Diseases and Critical Care Medicine**

Shannon S. Carson, MD

8:20 AM - 8:45 AM **Pulmonary Fibrosis: Demystifying the Alphabet Soup of IPF and ILD**

Sean Callahan, MD

8:45 AM - 9:15 AM **Step by Step: The New Kids on the Block in COPD Medications**

Bradley Drummond, MD, MHS

9:15 AM - 9:40 AM **Bronchiectasis, the Vicious Vortex, and Cooling the Inflammatory Heat**

Kenneth Olivier, MD, MPH

9:40 AM - 9:55 AM **Panel Discussion: Pulmonary Diseases and Critical Care Medicine**

Moderator: *Shannon Carson*

Panelists: *Sean Callahan, MD, M. Bradley Drummond, MD, MHS, Kenneth Olivier, MD, MPH*

9:55 AM - 10:15 AM **Break & Visit Exhibits**

10:15 AM - 10:20 AM **Introduction: Rheumatology, Allergy, and Immunology**

Beth L. Jonas, MD

10:20 AM - 10:45 AM **Workup of the Patient with Suspected Inflammatory Myopathy**

Astia Allenzara, MD

10:45 AM - 11:10 AM **Decoding the ANA**

Abigail Gilbert, MD, MSCI

11:10 AM - 11:40 AM **Food for Thought: Unpacking the Allergy Puzzle for the Internist**

Erin Steinbach, MD, PhD

11:40 AM - 12:00 PM **Panel Discussion: Rheumatology, Allergy, and Immunology**

Moderator: *Beth Jonas, MD*

Panelists: *Astia Allenzara, MD, Abigail Gilbert, MD, MSCI, Erin Steinbach, MD, PhD*

12:00 PM – 1:30 PM **Lunch**

12:45 PM - 1:30 PM **OPTIONAL: 2025 Update on Thrombosis and Anticoagulation**

Stephan Moll, MD



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1:30 PM - 1:35 PM **Introduction: Hospital Medicine**

David F. Hemsey, MD

1:35 PM - 2:05 PM **Hospital at Home, Here to Stay**

Michael Craig, MD, MPH and Patrick O'Shea, MD, MBA

2:05 PM - 2:35 PM **Phenobarbital Monotherapy for Treatment of Moderate/Severe Alcohol Withdrawal**

Ashmita Chatterjee, MD

2:35 PM - 3:05 PM **IV Iron**

Christine Williams, MD

3:05 PM - 3:20 PM **Panel Discussion: Hospital Medicine**

Moderator: *David Hemsey, MD*

Panelists: *Ashmita Chatterjee, MD, Michael Craig, MD, MPH, Patrick O'Shea, MD, MBA, Melissa Pabalan, MD, Christine Williams, MD*

3:20 PM - 3:40 PM **Break & Visit Exhibits**

3:40 PM - 4:15 PM **Update on Management of Rhinitis and Chronic Rhinosinusitis**

Adam Kimple, MD, PhD

4:15 PM - 4:20 PM **Introduction: Oncology**

Jonathan Sorah, MD

4:20 PM - 4:45 PM **Overview of UNC Undiagnosed Malignancies Program and Clinics**

Jonathan Sorah, MD

4:45 PM - 5:10 PM **Update on Prostate Cancer Screening**

Anisha Ganguly, MD, MPH

5:10 PM - 5:40 PM **Overview of UNC Rapid Access Program for Elevated PSA/Prostate Cancer**

Zach Feuer, MD

5:40 PM - 6:00 PM **Panel Discussion: Oncology**

Moderator: *Jonathan Sorah, MD*

Panelists: *Zack Feuer, MD, Anisha Ganguly, MD, MPH*

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8:00 AM	8:05 AM	Introduction: Cardiology <i>Cody Deen, MD</i>
8:05 AM	8:30 AM	My Patient's Smart Watch Alerted Atrial Fibrillation Last Night, What do I do: Management of Non-Symptomatic Atrial Fibrillation <i>Anil K. Gehi, MD</i>
8:30 AM	8:55 AM	Top Cardiovascular Trials for the Internist 2024 <i>Cody Deen, MD</i>
8:55 AM	9:15 AM	Nonatherosclerotic Vascular Disease - What the Internist Needs to Know <i>Sammer Prasada, MD</i>
9:15 AM	9:35 AM	Is Aspirin Dead? - Is There Still a Role for DAPT? <i>Kevin Friede, MD</i>
9:35 AM	9:55 AM	Panel Discussion: Cardiology <i>Moderator: Cody Deen, MD</i> <i>Panelists: Kevin Friede, MD, *Anil Gehi, MD, Sammer Prasada, MD</i>
9:55 AM	10:15 AM	Break & Visit Exhibitors
10:15 AM	10:20 AM	Introduction: Division Presentation and Colindres Lecture <i>Darren A. DeWalt, MD, MPH and Thomas C. Keyserling, MD, MPH</i>
10:20 AM	10:55 AM	Romulo E. Colindres Lecture: Updated USPSTF Breast Cancer Screening Recommendations <i>Michael Barry, MD</i>
10:55 AM	11:20 AM	Update on Genitourinary Syndrome of Menopause (GSM) <i>Katelin Zahn, MD</i>
11:20 AM	11:45 AM	Post Menopausal Hormone Replacement Therapy <i>Katherine Allen, MD</i>
11:45 AM	12:00 PM	Panel Discussion: General Medicine and Clinical Epidemiology <i>Moderator: Darren DeWalt, MD, MPH</i> <i>Panelists: Katherine Allen, MD, Michael Barry, MD, Katelin Zahn, MD</i>
12:00 PM	1:30 PM	Lunch & Visit Exhibits

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12:45 PM	1:30 PM	OPTIONAL: Multi-Cancer Detection Tests: Promise vs. Peril <i>Daniel Reuland, MD, MPH and Carrie Lee, MD, MPH</i>
1:30 PM	1:35 PM	Introduction: Endocrinology <i>Deepa Kirk, MD</i>
1:35 PM	2:10 PM	Osteoporosis: Uniting Primary Care and Endocrinology to Close the Treatment Gap <i>Maya Styner, MD</i>
2:10 PM	2:40 PM	Diabetes Technology in Primary Care Part 1: Overview <i>Donald Caraccio, MD</i>
2:40 PM	3:10 PM	Diabetes Technology in Primary Care Part 2: Cases <i>Laura Young, MD, PhD</i>
3:10 PM	3:25 PM	Panel Discussion: Endocrinology <i>Moderator: Deepa Kirk, MD</i> <i>Panelist: Donald Caraccio, Maya Styner, MD, Laura Young, MD, PhD</i>
3:25 PM	3:55 PM	2025 Updates to Recently Published/Reported Research Findings <i>TBD</i>
3:55 PM	4:10 PM	Break & Visit Exhibitors
4:10 PM	4:15 PM	Introduction: Geriatrics <i>Jan Busby-Whitehead, MD</i>
4:15 PM	4:45 PM	Update on Management of Parkinson Disease <i>John Younce, MD</i>
4:45 PM	5:15 PM	Update on Management of Non-Parkinson Tremor <i>Daniel Roque, MD</i>
5:15 PM	5:45 PM	Aging and Gait Change <i>Tiffany Long, MD</i>
5:45 PM	6:00 PM	Panel Discussion: Geriatrics <i>Moderator: Jan Busby-White, MD</i> <i>Panelist: Tiffany Long, MD, Daniel Roque, MD, John Younce, MD</i>



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8:00 AM	8:05 AM	Introduction: Gastroenterology And Hepatology <i>Craig Reed, MD, MSCR</i>
8:05 AM	8:25 AM	What's New in Irritable Bowel Syndrome? <i>Joshua Hudson, MD, MSc</i>
8:25 AM	8:45 AM	Trimming the Fat: New Name and Therapeutics for MASLD <i>Neil Shah, MD</i>
8:45 AM	9:05 AM	Inflammatory Bowel Disease for the Primary Care Provider <i>John Haydek, MD, MSCS</i>
9:05 AM	9:30 AM	Quick Cases: Gastroenterology and Hepatology <i>Craig Reed, MD, MSCR and Panel</i>
9:30 AM	9:45 AM	Panel Discussion: Gastroenterology and Hepatology <i>Moderator: Craig Reed, MD, MSCR</i> <i>Panelist: John Haydek, MD, MSCS, Joshua Hudson, MD, MSc, Neil Shah, MD</i>
9:45 AM	10:05 AM	Break & Visit Exhibits
10:05 AM	10:10 AM	Introduction: Nephrology and Hypertension <i>Surya Manivannan, MD</i>
10:10 AM	10:35 AM	Keeping it Renal: Updates in CKD Managements <i>Anita Yang, PharmD</i>
10:35 AM	11:00 AM	Evaluation and Management of Outpatient Hyponatremia <i>Ryan Bonner, MD</i>
11:00 AM	11:25 AM	High Impact Papers in Nephrology: Hot Topics for 2025 and Beyond <i>Evan Zeitler, MD</i>
11:25 AM	11:40 AM	Panel Discussion: Nephrology and Hypertension <i>Moderator: Surya Manivannan, MD</i> <i>Panelist: Ryan Bonner, MD, Anita Yang, PharmD, Evan Zeitler, MD</i>
11:40 AM	12:15 PM	Does this Look Infected to You? Cutaneous Infections and Their Mimics <i>Christopher Sayed, MD</i>
12:15 PM	1:15 PM	Lunch & Visit Exhibits

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1:15 PM	1:45 PM	Case-Based Medical Imaging Review with Focus on Nuclear Medicine <i>Jorge Oldan, MD</i>
1:45 PM	1:50 PM	Introduction: Infectious Diseases <i>Arlene C. Seña, MD, MPH</i>
1:50 PM	2:15 PM	Emerging Infections and RSPCT <i>David Wohl, MD, and Billy Fisher, II, MD</i>
2:15 PM	2:40 PM	Infections in Persons with Hematologic Malignancies <i>Tessa Andermann, MD, MPH</i>
2:40 PM	3:05 PM	Update on C. Diff <i>Luther Bartelt, MD</i>
3:05 PM	3:20 PM	Panel Discussion: Infectious Diseases Moderator: <i>Arlene Sena, MD, MPH</i> Panelist: <i>Tessa Andermann, MD, MPH, Luther Bartelt, MD, Billy Fischer, II, MD, David Wohl, MD</i>
3:20 PM	3:35 PM	Break & Visit Exhibits
3:35 PM	3:40 PM	Introduction: Controlled Substances <i>H. Claire West, MD</i>
3:40 PM	4:15 PM	Buprenorphine Initiation and Maintenance in the Fentanyl Era <i>Gabriela Reed, MD</i>
4:15 PM	4:45 PM	Use of Urine Drug Screens in Management of Opioid Use Disorder <i>Michael Baca-Atlas, MD</i>
4:45 PM	5:00 PM	Panel Discussion: Opioid Mini-Symposium Moderator: <i>H. Claire West, MD</i> Panelist: <i>Michael Baca-Atlas, MD, Gabriela Reed, MD</i>
	5:00 PM	Conference Adjourns until Mid-March 2026

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