



Primary Care Behavioral Health Symposium 2026

Ruth Benca, MD, PhD & James Rachal, MD

Thursday, February 26th - Friday February 27th, 2026

Credit Information

Primary Care Behavioral Health Symposium 2026

Accreditation Statement



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Advocate Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation Statement(s):

American Medical Association (AMA)

Advocate Health designates this live activity for a maximum of 15.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC)

Advocate Health designates this live activity for a maximum of 15.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Physician Associates (AAPA)

Advocate Health has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 15.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Faculty Disclosure Announcement

The following faculty speakers and/or planning committee members have disclosed the following

Name	Role	Nature of Relationship	Company
Ruth Benca, MD, PhD	Course Director/ Speaker/ Moderator/SME	Grant Support	Alkermes
		Consultant	Eisai, Haleon, Idorsia, Biogen, Alkermes, Seaport Therapeutic Genentech
		Grant Recipient paid to institution	Eisai

The other planner(s) and speaker(s) have indicated that there are no relevant financial relationships with any ineligible companies to disclose. All of the relevant financial relationships listed for [this individual/these individuals] have been mitigated.

The following companies are virtually exhibiting at this educational activity.

Please thank them for their support of our seminar by visiting each breakout room.

Bristol Myers Squibb

Teva Pharm

Primary Care Behavioral Health Symposium 2026

COURSE DIRECTORS

James Rachal, MD

Wake Forest University School of Medicine

Ruth Benca, MD, PhD

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FACULTY

Matthew Filippo, DO

Advocate Health

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Rabiya Hasan, MD

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Celeste Peay, MD, JD

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Afrayem Morgan, MD

Wake Forest University School of Medicine

Kelsie Pierre, MD

Wake Forest University School of Medicine

Sahil Munjal, MD

Wake Forest University School of Medicine

Layla Soliman, MD

Wake Forest University School of Medicine

Primary Care Behavioral Health Conference

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AGENDA

Thursday, February 26, 2026

8:00am - 8:30am	Check-in & Visit Exhibits
8:30am - 8:40am	Introduction & The Link between PC and BH <i>James Rachal, MD</i> <i>Ruth Benca, MD, PhD</i>
8:40am - 9:40am	Primary Care Psychiatric Interview and Mental Status Examination <i>Celeste Peay, MD, JD</i>
9:40am - 10:40am	Motivational Interviewing <i>Sebastian Kaplan, PhD</i>
10:40am - 11:00am	Break & Visit Exhibits
11:00am - 12:00pm	PTSD <i>James Rachal, MD</i>
12:00pm - 12:45pm	Break & Visit Exhibits
12:45pm - 1:45pm	Mood Disorders <i>Sahil Munjal, MD</i>
1:45pm - 2:45pm	Anxiety Disorders <i>Kathleen Peniston, NP</i>
2:45pm - 3:00pm	Break & Visit Exhibits
3:00pm - 4:00pm	Psychotic Disorders <i>Matt Filippo, MD</i>
4:00pm - 5:00pm	Suicide Risk Assessment, Violence Risk Assessment & Capacity Evaluation <i>Layla Soliman, MD</i>
5:00pm - 5:30pm	Visit Exhibits



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For additional information & details:
<https://www.southpiedmontahec.org/event/75797>



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Friday, February 27, 2026

7:30am - 8:00am	Check-in & Visit Exhibits
8:00am - 9:00am	Somatic Symptom & Pain Disorders <i>Afrayem Morgan, MD</i>
9:00am - 10:00am	Insomnia & Sleep Disorders <i>Ruth Benca, MD, PhD</i>
10:00am - 10:15am	Break & Visit Exhibits
10:15am - 11:15am	Substance Use Disorders <i>Kelsie Pierre, MD</i>
11:15am - 12:15pm	Agitation & Delirium <i>Julie Owen, MD</i>
12:15pm - 1:00pm	Break & Visit Exhibits
1:00pm - 2:00pm	Psychiatric Assessment and Emergency Evaluation in Pediatric Populations <i>Ryan Livingston, MD & Katherine Penny, MA</i>
2:00pm - 3:00pm	Pediatric Anxiety & Depression <i>Laura Yahr Nelson, MD</i>
3:00pm - 3:15pm	Break & Visit Exhibits
3:15pm - 4:15pm	Attention Disorders <i>Rabiya Hasan, MD</i>
4:15pm - 5:15pm	Autism <i>Naomi Leslie, MD</i>
5:15pm - 5:30pm	Visit Exhibits



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