

Ensuring Safety:

The Impact of ISMP Guidelines on Pharmacy Technician Practices

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Disclosures

The planner(s) and speaker have indicated that there are no relevant financial relationships with any ineligible companies to disclose.



Learning Objectives

Recognize the role Institute for Safe Medication Practices (ISMP) has in shaping policies and procedures within Advocate Health

Identify relevant ISMP guidelines that impact pharmacy technician workflows

Evaluate how incorporating these workflows positively impacts patient safety



Abbreviations

ISMP – Institute for Safe Medication Practices

TJC – The Joint Commission

AH – Advocate Health



Outline



Patient Safety
Overview



ISMP History



ISMP Guidelines
Overview



Direct impact on Advocate Health Pharmacy Technician Workflow



Advocate Health Culture of Safety



What is the significance of patient safety?



One in ten patients suffers harm while receiving care in the hospital



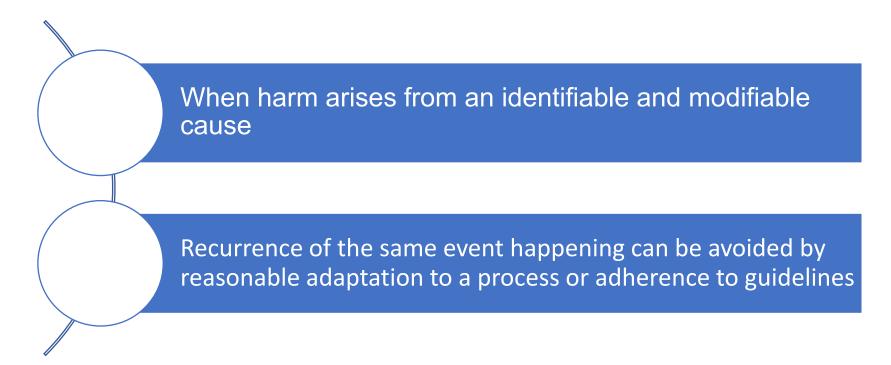
Each year, unsafe medical practices result in more than 3 million deaths



The indirect expenses linked to patient harm amount to trillions of dollars annually

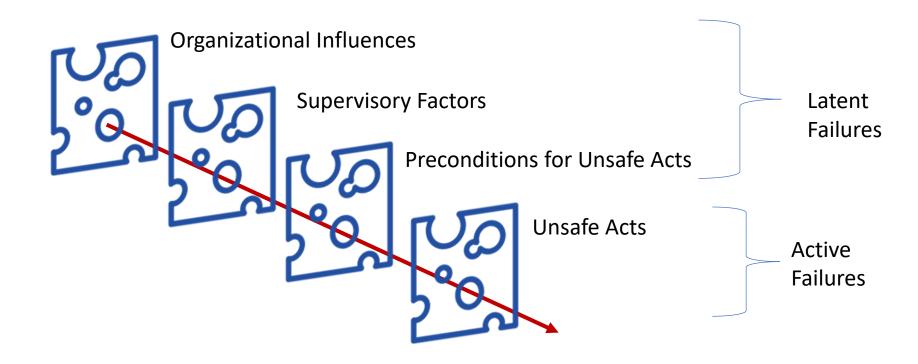


Preventable Patient Harm





What Leads to Preventable Patient Harm?





Examples of Preventable Patient Harm

- Common adverse events that may result in preventable patient harm include:
 - Medication errors
 - Unsafe surgical procedures
 - Health care associated infections
 - Diagnostic errors
 - Patient falls
 - Pressure ulcers
 - Patient misidentification
 - Unsafe blood transfusion
 - Venous thromboembolism



Let's Take a Moment to Brainstorm

Thinking about your role in the pharmacy, what are some things that you are doing that contribute to patient safety?

Hand Hygiene

Following policy & procedures when compounding a sterile and non-sterile product

Using two patient identifiers during a medication history

Recording accurate medication histories



Let's Take a Moment to Brainstorm

Thinking about your role in the pharmacy, what are some things that you are doing that contribute to patient safety?





ISMP History

- Nonprofit organization devoted entirely to preventing medication errors
- Gold Standard for medication safety information initiatives

Mission

 "Advancing patient safety worldwide by empowering the healthcare community to prevent medication errors."

Vision

 "To be the premier independent, patient safety organization leading the effort to prevent medication errors and adverse drug events."



ISMP Achievements

Development of Safety Guidelines

• ISMP has developed critical safety guidelines that have become standards in medication management within healthcare settings.

Influencing Healthcare Policies

 The organization's work has significantly influenced policies and practices across healthcare institutions, enhancing overall medication safety.

Measurable Improvements

• ISMP's initiatives have led to measurable improvements in medication safety, demonstrating their effectiveness in practice.



Evolution of ISMP Guidelines

Adapting to Evidence

 ISMP guidelines continuously adapt to new evidence and research findings to improve healthcare practices and patient safety.

Incorporating Technology

• The integration of emerging technologies into healthcare practices has influenced the evolution of ISMP guidelines significantly.

Ongoing Updates

• ISMP guidelines are regularly reviewed and updated to tackle current healthcare challenges and enhance patient safety protocols.



ISMP Guidelines

Targeted Medication Safety Best Practices for Hospitals 2024-2025

List of High-Alert Medications in Acute Care Settings

List of Look-Alike Drug Names with Recommended Tall Man (Mixed Case) Letters

List of Error-Prone Abbreviations, Symbols, and Dose Designations

Guidelines for Sterile Compounding and the Safe Use of Sterile Compounding Technology



ISMP Targeted Medication Safety Best Practices for Hospitals 2024-2025



Targeted Medication Safety Best Practices for Hospitals

- Recommendations designed to standardize pharmacy practices in hospitals by addressing frequently reported medication errors.
- Purpose: "to identify, inspire, and mobilize widespread adoption of consensus-based Best Practices for specific medication safety issues that continue to cause fatal and harmful errors in patients, despite repeated warnings in ISMP publications"



History of Best Practices





Impactful to Inpatient Pharmacy Technician Workflow

#7

 Segregate, sequester, and differentiate all neuromuscular blocking agents (NMBs) from other medications, wherever they are stored in the organization

#11

• When compounding sterile preparations, utilize qorkflow management systems

#21

• Implement strategies to prevent medication errors at transitions in the continuum of care



ISMP List of High-Alert Medications in Acute Care Settings



What is a High Alert Medication?

- A. A medication that is commonly prescribed for minor illnesses
- B. A medication that requires refrigeration before administration
- C. A medication that poses a higher risk of causing significant harm if used incorrectly
- D. A medication that is only available over the counter



Classes/Categories of Medications

IV adrenergic agonists	Epinephrine, Phenylephrine, Norepinephrine
IV adrenergic antagonists	Propranolol, Metoprolol, Labetalol
Inhaled and IV anesthetic agents	Propofol, Ketamine
IV antiarrhythmics	Lidocaine, Amiodarone
Antithrombotic agents	Warfarin, Lovenox, Rivaroxaban, Dabigatran, Alteplase
Cardioplegic Solutions	
IV and Oral Chemotherapy	
Hypertonic Dextrose	Greater than 20% concentration
Dialysis Solutions	Peritoneal and Hemodialysis
Epidural and Intrathecal medications	



Classes/Categories of Medications

IV inotropic medications	Digoxin, Milrinone
IV and Subcutaneous Insulin	
Liposomal forms of medications and their conventional counterparts	Liposomal amphotericin B vs amphotericin B deoxycholate
IV moderate sedation agents	Dexmedetomidine, Midazolam, Lorazepam
Neuromuscular blocking agents	Succinylcholine, Rocuronium, Vecuronium
All routes of opioids	
Parenteral nutrition preparations	
Hypertonic sodium chloride	Greater than 0.9% concentration
Containers greater than 100mL of sterile water for injection, inhalation, and irrigation	
Oral sulfonylurea hypoglycemics	Glimepiride, Glipizide, Glyburide



Specific Medications

- IM and Subcutaneous Epinephrine
- IV Epoprostenol
- Insulin U-500
- IV Magnesium sulfate
- Oral Methotrexate
- IV Nitroprusside
- IV Oxytocin
- Concentrated IV Potassium chloride
- IV Potassium phosphates
- IV Promethazine
- IV Tranexamic acid
- IV and IO Vasopressin



ISMP List of Look-Alike Drug Names with Recommended Tall Man (Mixed Case) Letters **ISMP List of Confused Drug** Names



True or False?

Tall Man lettering is a strategy used to highlight the most commonly prescribed medications in bold font to make them easier to read.

FALSE

Tall Man lettering is a safety strategy that uses uppercase letters to help distinguish look-alike drug names and reduce medication errors (e.g., predniSONE vs. prednisoLONE).



Name Differentiation Project

- Established in 2001 by the FDA
- Evaluation of postmarketing reports of name pair confusion
 - Degree of similarity
 - Safety risks with confusion between the name pair
 - Overlapping product characteristics
 - Reports of wrong drug errors and contributing factors
- FDA will request manufacturer voluntarily revise labels to include use of tall man lettering



Tall Man Lettering

Supported by ISMP, The Joint Commission, FDA, World Health Organization, and the International Medication Safety Network.

Since 2008, ISMP has kept a list of drug name pairs that include FDA-approved (table 2) and ISMP-recommended (table 3) look-alike and sound-alike medications.



Comparison of Guidelines

ISMP List of Look-Alike Drug Names with Recommended Tall Man (Mixed Case) Letters

- Generic-Generic drug name pairs that look alike
- Differentiates FDA approved vs ISMP recommended
- Safety focus is on use of tall man lettering to enhance safety during prescribing and dispensing

ISMP List of Confused Drug Names

- Mix of generic and brand name pairs (red names are generic)
- Comprehensive list of both FDA approved and ISMP recommended
- Safety focus comprehensive approach to identifying both look-alike and sound-alike pairs
- Provides additional guidance on strategies to reduce errors in addition to tall man lettering



ISMP List of Look-Alike Drug Names with Recommended Tall Man (Mixed Case) Letters

Drug Name With Tall Man Letters	Confused With
aceta ZOLAMIDE	acetoHEXAMIDE*
acetoHEXAMIDE*	aceta ZOLAMIDE
bu PROP ion	bus PIR one
bus PIR one	bu PROP ion
CARBO platin	CISplatin
chlorproMAZINE	chlorproPAMIDE
chlorpro PAMIDE	chlorproMAZINE
CIS platin	CARBO platin
clomi PHENE	clomi PRAMINE
clomi PRAMINE	clomi PHENE
cyclo SERINE	cycloSPORINE
cyclo SPORINE	cycloSERINE
DAUNO rubicin	DOXO rubicin
dimenhy DRINATE	diphenhydr AMINE
diphenhydr AMINE	dimenhy DRINATE
DOBUT amine	DOP amine
DOP amine	DOBUT amine
DOXO rubicin	DAUNO rubicin
glipi ZIDE	gly BURIDE
gly BURIDE	glipi ZIDE
hydr ALAZINE	HYDRO morphone — hydr OXY zine
HYDRO morphone	hydr ALAZINE — hydr OXY zine
hydr 0XY zine	hydr ALAZINE — HYDRO morphone
medroxy PROGESTER one	methylPREDNISolone — methylTESTOSTERone
methyl PREDNIS olone	medroxyPROGESTERone — methylTESTOSTERone
methyl TESTOSTER one	methylPREDNISolone — medroxyPROGESTERone
mig ALA stat	mig LU stat

Drug Name With Tall Man Letters	Confused With
AL fentanil	fentaNYL — SUFentanil
ALPRAZolam	clonaze PAM — LOR azepam
a MIL oride	am LODIP ine
am LODIP ine	a MIL oride
ARIP iprazole	RABE prazole
aza CITID ine	aza THIO prine
aza THIO prine	aza CITID ine
BUP ivacaine	ROPivacaine
car BAM azepine	OX carbazepine
CARBO platin [†]	CIS platin [†]
ce FAZ olin	cefo TE tan — cef OX itin — cef TAZ idime — cef TRIAX one
cefo TE tan	ceFAZolin — cefOXitin — cefTAZidime — cefTRIAXone
cef 0X itin	ceFAZolin — cefoTEtan — cefTAZidime — cefTRIAXone
cef TAZ idime	ceFAZolin — cefoTEtan — cefOXitin — cefTRIAXone
cef TRIAX one	ceFAZolin — cefoTEtan — cefOXitin — cefTAZidime
Cele BREX ‡	Cele XA [‡]
Cele XA [‡]	Cele BREX [‡]
chlordiaze POXIDE	chlorpro MAZINE †
chlorpro MAZINE †	chlordiazePOXIDE
CIS platin [†]	CARBO platin [†]
clo BAZ am	clonaze PAM
clonaze PAM	ALPRAZolam — cloBAZam — cloNIDine — cloZAPine — LORazepa
clo NID ine	clonaze PAM — clo ZAP ine — Klono PIN ‡
clo ZAP ine	clonaze PAM — clo NID ine
cyclo PHOS phamide	cycloSERINE [†] — cycloSPORINE [†]
cyclo SERINE †	cyclo PHOS phamide — cyclo SPORINE [†]
cyclo SPORINE †	cyclo PHOS phamide — cyclo SERINE [†]
DACTIN omycin	DAPTO mycin
DAPTO mycin	DACTIN omycin
DEPO-Medrol [‡]	SOLU-Medrol [‡]



ISMP List of Confused Drug Names

Drug Name	Confused Drug Name
Abelcet	amphotericin B
Accupril	Aciphex
acetaminophen	aceta ZOLAMIDE
aceta ZOLAMIDE	acetaminophen
aceta ZOLAMIDE	aceto HEXAMIDE
acetic acid for irrigation	glacial acetic acid
aceto HEXAMIDE	aceta ZOLAMIDE
Aciphex	Accupril
Aciphex	Aricept
Activase	Cathflo Activase
Activase	TNKase
Actonel	Actos
Actos	Actonel
Adacel (Tdap)	Daptacel (DTaP)
Adderall	Adderall XR

Drug Name	Confused Drug Name
AL fentanil	fenta NYL
AL fentanil	SUFentanil
Alkeran	Leukeran
Alkeran	Myleran
Allegra	Viagra
Allegra (fexofenadine)	Allegra Anti-Itch Cream (diphenhydr AMINE /allantoin)
Allegra Anti-Itch Cream (diphenhydr AMINE /allantoin)	Allegra (fexofenadine)
Alora	Aldara
ALPRAZ olam	clonazePAM
ALPRAZ olam	LORazepam
Altocor	Advicor
amantadine	amiodarone
Amaryl	Reminyl



ISMP List of Error-Prone Abbreviations, Symbols, and Dose Designations



ISMP List of Error-Prone Abbreviations, Symbols, and Dose Designations

- The ISMP National Medication Errors Reporting Program is used by ISMP to revise this guideline
- Abbreviations and shorthand can often lead to confusion and misinterpretation
- TJC "Do Not Use" list (Information Management standard IM.02.02.01)



Categories of Error Prone Abbreviations, Symbols, and Dose Designations

- Abbreviations for doses/measurement units
 - I or ml → lower case L confused with a 1 → use L or mL
 - U or u → mistaken for 0 or 4, causing overdose (4U seen as 40 or 4u seen as 44) → use "units"
- Abbreviations for route of administration
 - SC, SQ, or subq → SC seen as SL or sublinguial, SQ seen as "5 every", q seen as "every" → use "SUBQ" or "subcutaneously"
 - IN → seen as IM or IV → use "intranasal"
- Abbreviations for doses/measurement units
 - I or ml → lower case L confused with a 1 → use L or mL
 - U or u → mistaken for 0 or 4, causing overdose (4U seen as 40 or 4u seen as 44) → use "units"



Categories of Error Prone Abbreviations, Symbols, and Dose Designations

- Miscellaneous abbreviations associated with medication use
 - D/C → could be perceived as discharge or discontinue which could cause premature discontinuation of medications if meant to indicate a discharge but interpreted as discontinue → use "discharge" or "discontinue"
- Drug name abbreviations
 - MgSO4 → mistaken as morphine sulfate → use "magnesium sulfate"
 - MS or MSO4 → mistaken as magnesium sulfate → use "morphine sulfate"



Guidelines for Sterile Compounding and the Safe Use of Sterile Compounding Technology



Safety Summits

- 2011 first Sterile Product Compounding Safety Summit held
 - 2013 release of ISMP Guidelines for Safe Preparation of Compounded Sterile Preparation
- 2021 second Sterile Product Compounding Safety Summit held
 - 2022 release of Guidelines for Sterile Compounding and the Safe Use of Sterile Compounding Technology



Themes of the Guidelines

- Safe use of technology in sterile compounding
 - Automated compounding devices
 - IV workflow management systems
 - Robotic compounding automation
- Guidance when technology is not available
 - Standard Operating Procedures for garbing, hand hygiene, and aseptic technique
 - Double-check systems for ingredient verification
 - Environmental monitoring and documentation
 - Training and competency validation using tools like Compounding 360



AH Policies & Procedures





Click HERE to view Searchability and Navigation instructions.





ISMP Impact on Midwest Region AH Policies and Procedures

- High Alert and Look-Alike Medication Policy
 - Attachment A. High Alert Medications List
 - Attachment B. Minimum High Alert Medication Safeguards
 - Attachment C. Guidelines for Storage Locations of Neuromuscular Blocking Agent Vials Outside of Pharmacy
 - Attachment D. Select High Alert and Look Alike Sound-Alike Safeguards Across the Medication Use Process
 - Attachment E. Look-Alike and/or Sound-Alike Medications List
 - Attachment F. Tall Man Lettering Conventions
 - Attachment G. Additional High Alert and Look-Alike Sound-Alike Medication Risk Reduction Strategies
 - Attachment H. Standard high alert and look-alike sound-alike medication auxiliary labels
- Unacceptable Abbreviations Policy
- Pharmacy Antidote Availability Policy



High Alert Medication List

Attachment A. High Alert Medication List

- Adrenergic agents (angiotensin II, dopamine, ephedrine, epinephrine, isoproterenol, norepinephrine, phenylephrine)
- II. Antithrombotics
 - A. Anticoagulants (e.g. heparin, low molecular weight heparins [e.g. enoxaparin, dalteparin]. warfarin)
 - B. Direct thrombin inhibitors (e.g. argatroban, bivalirudin, dabigatran)
 - Factor Xa inhibitors (e.g. apixaban, edoxaban, betrixaban, fondaparinux, rivaroxaban)
 - Thrombolytics, excluding use for catheter clearance and chest tube instillation (e.g. alteplase, reteplase, tenecteplase)
- III. Chemotherapy
- Concentrated electrolytes for injection, potassium and sodium salts as noted below:
 - A. Potassium acetate: 2 mEg/mL or greater
 - B. Potassium chloride: 2 mEq/mL or greater
 - C. Potassium phosphate: 3 mmol/mL or greater
 - D. Sodium acetate: 2 mEg/mL or greater
 - E. Sodium chloride: greater than 0.9% ("hypertonic saline")
 - F. Sodium phosphate: 3 mmol or greater
- V. Insulin
- VI. Magnesium sulfate, continuous infusion for obstetrics (e.g. 20 grams/500 mL)
- Neuromuscular blocking agents (e.g. atracurium, cisatracurium, pancuronium, rocuronium, succinylcholine, vecuronium)
- VIII. Neuraxial infusions (e.g. epidural, intrathecal)
- IX Opioids
- X. Oxytocin, intravenous
- XI. Prostacyclins and analogs, infusions (e.g. alprostadil, epoprostenol, treprostinil)
- XII. Sedatives (benzodiazepines, dexmedetomidine, ketamine, propofol)
- XIII. Sterile water bags labeled for injection, inhalation or irrigation, over 100 mL
- XIV. Vasopressin



Look-Alike Sound-Alike Medication List

Attachment E. Look-Alike and/or Sound-Alike Medication List

Table 1. Look-alike, sound-alike medications

Look-alike, sound alike medication or class	Potentially confused with		
Biosimilars	Conventional formulation and other biosimilar formulations of the medication		
Blood factors	Other blood factors		
Concentrated electrolytes	Other concentrations, other concentrated electrolytes, and other medications/vials		
Drugs available in conventional and alternate presentations (e.g. liposomal, protein-bound)	Alternative formulation of that medication		
Drugs commercially available in pediatric and adult formulations	Alternate age formulation of the product		
Epinephrine	Other epinephrine products and concentrations; ephedrine, norepinephrine, phenylephrine		
Heparin	Other concentrations of heparin products		
Hydromorphone	Other concentrations of hydromorphone products; morphine		
Insulin	Other insulin types, other concentrations		
Liposomal medications	Other liposomal medications/white liquids		
Monoclonal antibodies	Other monoclonal antibodies		
Morphine	Other concentrations of morphine products; hydromorphone		
Thrombolytics	Multiple concentrations, and dispensing preparations		
Tranexamic acid	Local anesthetics (bupivacaine, ropivacaine) due to same cap color and other similar appearing vials		
Vaccines and diluents supplied with them	Other vaccines and vaccine diluents		
Other drugs with tall man lettering conventions in Attachment F	Drug(s) with similar appearing or sounding name or physical appearance		



Unacceptable Abbreviations List

Unacceptable Abbreviation	Intent	Concern	Use Correct Term
μg	Micrograms	Mistaken for mg (10-fold overdose)	"mcg" or "micrograms"
AS, AD, AU, OS, OD, OU	Eye/ear route	Mistaken for one another	"left ear," "right ear," "both ears," "left eye," "right eye," "both eyes"
сс	Cubic centimeter	Mistaken as "u" (units)	"mL" or "milliliter"
IU	International unit	Mistaken as "IV" or "10"	"International units"
Missing leading zero (.x)	Exx	Misplaced decimal point	Use leading zero (0.x)
MS, MSO ₄ , MgSO ₄	Morphine sulfate or magnesium sulfate	Unclear distinction between magnesium sulfate or morphine sulfate	Use complete drug name
QD	Daily	Mistaken for "QOD" (every other day)	"daily"
QOD	Every other day	Mistaken for "Q.D." (daily	"every other day"
SC, SQ	Subcutaneous	SC mistaken as SL or sl (sublingual) SQ mistaken as "5 every"	"subcutaneous" or "SUBQ"
TIW	3 times weekly	Mistaken for 3 times a day or 2 times weekly	"3 times weekly"
Trailing zero (x.0)*	Ex. x.0	Misplaced decimal point	Do not use trailing zero (x)
U	Unit	Mistaken as "0," "4," or "cc"	"unit"

^{*} A trailing zero is permissible only when required to demonstrate level of precision necessary for a value being reported. Examples of appropriate values include laboratory results, catheter sizes, and imaging studies that report lesion size. Trailing zeros are not permissible when expressing medication doses.



ISMP Impact on Midwest Region AH Policies and Procedures

Medication Reconciliation Policy

- Medication Reconciliation Attachment A: Best Possible Medication History User Guide
- Medication Reconciliation Attachment B: Best Possible Medication History User Guide Home Health
- Medication Reconciliation Attachment C: Best Possible Medication History User Guide-Ambulatory
- Medication Reconciliation Attachment D: Reconcile Outside Information (ROI)

Sterile Compounding Policy

- Attachment A: Sterile Compounding Cleaning, Disinfecting, and Material Handling Standard Operating Procedure
- Attachment B: Sterile Compounding Environmental Monitoring and Quality Control Standard Operating Procedure
- Attachment C: Sterile Compounding Garbing and Hand Hygiene Standard Operating Procedure
- Attachment D: Sterile Compounding Training and Competency Standard Operating Procedure
- Attachment E: Immediate Use Compounding Standard Operating Procedure



Advocate Health's Culture of Safety



Improving Patient Safety: Beyond ISMP

- Put safety at the top of your priorities in everything you do
- Enhance communication
- Be open and honest
- Report incidents, near misses, and safety concerns
- Don't take shortcuts
- Ask for help
- Lead by example and reinforce safe work practices
- Get involved in quality improvement and patient safety projects



Creating a Just Culture

"A consistent, fair process that distinguishes between individual accountability, the role of the system, and the role of human behavior to establish a safe environment"



7 High Reliability Tools

S.T.A.R.

- Internally focus your attention on the task at hand
- STOP for 1-2 seconds, THINK, ACT, and REVIEW

Crosscheck

• The power of two; Take advantage of working together by verifying each other's work in high-risk tasks. Coach to provide reinforcement to colleagues for critical behaviors

Ask Clarifying Questions

 Avoid wrong assumptions from incomplete or ambiguous information by asking 1 or 2 questions to improve your understanding

Repeat Back

 Three-way communication involving a statement by the sender, read back by the receiver, and confirmed as correct by the sender



7 High Reliability Tools

Letter & Number Clarification

• Improve oral communication for sound a like letters, abbreviations, words, and numbers

CUS+

 Speak up and make your voice heard when communicating with someone in authority. Use CONCERN, UNCOMFORTABLE, STOP + ENGAGE a peer, and/or escalate to a leader & enter safety event report

Question & Verify

Unsure of how to proceed or have a gut feeling that something isn't right?
 Have a questioning attitude and check with a credible source to be sure you have it right before proceeding



Medication Error Myths

Reporting a medication error means someone will be punished



Medication Error Myths

Only errors that harm patients need to be reported



Medication Error Myths

Someone else will report the error



Examples of Impactful Reports

- Astagraph XL 0.5 mg capsules were incorrectly repackaged as 1 mg capsules due to selection error during the repack process.
 - The error was missed during the pharmacist's double-check, leading to reinforced procedures and consultation with the automation team.
- Pre-surgical med history calls revealed a scheduling issue due to a misunderstanding about dulaglutide medication timing.
 - Technician confirmed last dose of dulaglutide and escalated to teammate who cancelled procedure to make them aware that last dose was correctly held before surgery
 - Patient's procedure was put back on original schedule which prevented the patient from having to be rescheduled



Examples of Impactful Reports

- Pharmacy technician found two open MDVs of Heparin 10,000 units/10 mL without BUD or patient labels in a patient-specific bin.
 - This safety event led to investigation regarding policies and procedures surrounding the use of MDV products outside of central pharmacy.
 - Re-education to nursing around best practices was the result of this safety event
- While filling pyxis batch, technician discovered an ISC medication with an expiration date 18 months out from the original repack date.
 - Escalation to all sites to check current inventory to ensure incorrectly dated product was identified and sent back to ISC for correction















Questions?

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