

Course Description

In-season athlete management poses unique challenges for physicians and rehabilitation teams. This one-day course will cover a variety of topics related to treating the “In-Season Athlete” including principles of load tolerance, management of sprains, strains and tendinopathies, and to sport following COVID-19 and heat illness. The course will also discuss the multidisciplinary approach to treating sport concussions as well as nutritional optimization athlete performance.

Objectives

The Aurora BayCare Sports Medicine Symposium will provide attendees with the opportunity to develop an understanding of:

1. In-season management strategies associated with musculoskeletal injuries.
2. Loading principles and modalities to maximize recovery for in-season athletes.
3. Evidence-based recommendations for treatment of athletic concussions including visual therapy in a multimodal approach for recovery.
4. Referral sources for medical management of heat illness and nutrition optimization.

Target Audience

This course is intended for physicians primarily in orthopedics, physical therapists and assistants, athletic trainers, personal trainers, and strength and conditioning specialists that work with in-season athletes.

Vendors

We would like to thank our vendors for their support of the Aurora BayCare Current Concepts in Sports Medicine Symposium. You will be able to chat in-person with our vendors during breaks and lunch.

Lecture Notes

Lecture and lab notes will be available electronically through Microsoft Teams.

Register Online

cme.advocateaurorahealth.org
Search: Current Concepts

Course Fees	(Through April 12)	(April 13 - April 28)
MD/DO	\$200	\$250
Allied Health	\$125	\$175
Students	\$25	\$25

Online registration payment by credit card only.

For More Information

For registration questions contact Jackie Goddard at 920-288-5489 or email jacklyn.goddard@aah.org

Advocate Aurora Health subscribes to the articles of Title III of the Americans with Disabilities Act of 1990. Should you or anyone accompanying you require special assistance, please notify us by contacting 920-288-5489.

Cancellations

Refund requests must be made in writing and sent to tracy.reynolds@aah.org by April 13, 2023. No refunds will be made after that time or in the case of non-attendance. Refunds for cancellations will be processed after the symposium.

The symposium reserves the right to cancel the event due to insufficient attendance, weather or any other unforeseen event. In case of cancellation, a refund will be made after the event.

Location

Virtually through Microsoft Teams & In-Person at Aurora BayCare Medical Center Campus - 1160 Building 1160 Kepler Dr. • Green Bay, WI 54311 • 920-288-5491

The Advocate Aurora Health ensures balance, independence, objectivity, and scientific rigor in all of its accredited continuing education. All participating faculty, course directors, and planning committee members are required to disclose to the program audience any financial relationships related to the subject matter of this program. Disclosure information is reviewed in advance in order to manage and mitigate any relevant financial relationships with ineligible companies. All faculty and planning committee members have attested that their financial relationships do not affect their ability to present well-balanced evidence-based content for this activity. Specific disclosure information for each course faculty will be shared with the audience prior to the faculty's presentation.



Friday, April 28, 2023

Aurora BayCare Current Concepts in Sports Medicine Symposium:

In-Season Athlete Management

Aurora BayCare Medical Center Campus
1160 Building
Green Bay, WI

Aurora BayCare
Sports Medicine

Accreditation

The following continuing education units (CEUs) or contact hours of continuing education are pending approval according to the guidelines set forth and agreed upon by each of the following accrediting groups. It is the participant's responsibility to submit proof of attendance to the accrediting groups for continuing education credit.



Accreditation Statement

In support of improving patient care, Advocate Aurora Health is jointly accredited by the Accreditation

Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Statements

American Medical Association (AMA)

Advocate Aurora Health designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Physical Therapy Association

This course is pending approval by the APTA for 7.0 contact hours. Physical therapists are responsible for claiming only those hours actually spent participating in the CE activity. **Course # pending**

Certified Athletic Trainers



Aurora BayCare is an approved provider by the Board of Certification Inc. to offer continuing education for certified athletic trainers. This program offers

a maximum of 7.0 hours of Category A continuing education credits. Certified athletic trainers are responsible for claiming only those hours actually spent participating in the CE activity. **BOC approved provider No. P3482.**

NSCA

National Strength and Conditioning Association (NSCA) is pending approval for this course for up to 7.0 CEU(s) in category A for certified individuals attending this event. **Course # pending.**

Program Agenda

7:45 – 8:00 a.m.

8:00 – 8:30 a.m.

8:30 – 9:10 a.m.

9:10 – 9:50 a.m.

9:50 – 10:10 a.m.

10:10 – 10:50 a.m.

10:50 – 11:20 a.m.

11:20 – 11:40 a.m.

11:40 – 12:10 p.m.

12:10 – 12:40 p.m.

12:40 – 1:20 p.m.

1:20 – 1:50 p.m.

1:50 – 2:20 p.m.

2:20 – 2:50 p.m.

2:50 – 3:10 p.m.

3:10 – 3:30 p.m.

3:30 – 4:00 p.m.

4:00 – 4:30 p.m.

Welcome/Course Overview

Jon Henry, MD - Orthopedic and Sports Medicine BayCare Clinic

Pre-season Baseline Testing

Becky Donnay, PT, DPT, SCS - Aurora BayCare Sports Medicine

Playing Through a Strain

Bailey Lanser, PT, DPT, LAT, SCS - UW-Madison Athletics

Playing Through a Sprain

John Awowale, MD - Orthopedic and Sports Medicine BayCare Clinic

Break and Vendor Exhibits

Playing Through a Tendinopathy

Ryan Woods, MD - Orthopedic and Sports Medicine BayCare Clinic

Load Tolerance

Jared Hoffmann, PT, DPT, SCS - Aurora BayCare Sports Medicine

Panel Discussion

Moderated by Jon Henry, MD - Orthopedic and Sports Medicine BayCare Clinic

Lab - Neuro Re-education with Use of Electrical Stimulation

Bailey Lanser, PT, DPT, LAT, SCS - UW-Madison Athletics

Lab - Jumping with Jared Plyometric Exercise and Progressions

Jared Hoffmann, PT, DPT, SCS - Aurora BayCare Sports Medicine

Lunch and Vendor Exhibits

Return to Sport Following COVID-19/Heat Illness

Douglas Connor, MD - ThedaCare Medical Center Orthopedics, Spine and Pain

The Multidisciplinary Approach to Concussion Management

Glenn Smith, MD - Advocate Aurora Health - Two Rivers

Nutritional Optimization for Performance

Adam Korzun, MS, CSSD - Green Bay Packers

Panel Discussion

Moderated by Jon Henry, MD - Orthopedic and Sports Medicine BayCare Clinic

Break and Vendor Exhibits

Lab - Vision Therapy for Concussions

Jackie Goddard, PT, DPT, LAT - Aurora BayCare Sports Medicine

Lab - The Multimodal Approach to Rehab

Katelyn Peterson, PT, DPT, OCS - Advocate Aurora Health - Manitowoc