AN INTERACTIVE ONE DAY WORKSHOP

## INTRODUCTION TO SOLUTION FOCUSED BRIEF COACHING

October 28, 2021 | 9am-4pm

## **INSTRUCTOR:**

MATTHEW L. SCHWARTZ, MBA, CFSW, LMSW, CASAC-T MEMBER, SOLUTION FOCUSED BRIEF THERAPY ASSOCIATION

## Participants will:

- 1. Learn the history and philosophy of SFBC
- 2. Learn the basic tenets of SFBC
- 3. Analyze video examples of masters of SFBC
- Analyze video examples of SFBC from non-master practitioners
- Will learn how to utilize SFBC skills to run meetings, intervene in conflict, find solutions to corporate, team, and individual problems, and reduce stress
- Learn how to use SFBC handouts to meet professional and personal goals
- 7. Will role play extensively to hone SFBC skills
- 8. Will practice with video feedback

## **For More Information Contact:**

desk@socialworkdesk.net www.SocialWorkDesk.net PLEASE NOTE:
THIS WORKSHOP IS
INTERACTIVE. ACTIVE
VIDEO PARTICIPATION
IS EXPECTED &
REQUIRED.