

Course Description

Surgical techniques are rapidly evolving with the advancement of technology and research. This one-day course will cover a variety of surgical presentations to give updated information including lateral ankle repair, hip impingement, massive shoulder repair, and advanced shoulder instability. The course will also cover advancement in pharmaceutical pain management in post-operative patients and addressing fear avoidance with return to sport.

Objectives

- + Identify and discuss recent advancements in orthopedic surgical interventions for the upper and lower extremities, specifically the shoulder, hip, and ankle.
- + Review the implications that surgical advancement has on rehabilitation protocols and identify treatment most appropriate for the procedure.
- + Understand compounding factors in post-surgical rehabilitation including pain perception, pain management, and fear avoidance in return to activity.
- + Perform and implement current mobilization and intervention techniques for the athletic shoulder and hip.

Target Audience

This course is intended for physicians primarily in orthopedics, physical therapists and assistants, and athletic trainers that work with patients following surgery.

Vendors

We would like to thank our vendors, Alter G, Woodway, Stryker, DePuy Synthes Mitek, Arthrex and others pending for their support of the Aurora BayCare Current Concepts in Sports Medicine Symposium. You will be able to virtually chat with our vendors during breaks and lunch.

Lecture Notes

Lecture and lab notes will be available via Microsoft Teams.

Register Online

cme.advocateaurorahealth.org
Search: Current Concepts

Course Fees	(Through April 15)	(April 15 - April 30)
MD/DO	\$200	\$250
Allied Health	\$100	\$150
AAH Allied Health	\$75	\$125
Students	\$25	\$25

Online registration payment by credit card only.

For More Information

For registration questions contact Jackie Goddard at 920-288-5489 or email jacklyn.goddard@aah.org

Advocate Aurora Health subscribes to the articles of Title III of the Americans with Disabilities Act of 1990. Should you or anyone accompanying you require special assistance, please notify us by contacting 920-288-5489.

Cancellations

Refund requests must be made in writing to Tracy Reynolds at tracy.reynolds@aah.org by April 15, 2021. No refunds will be made after that time or in the case of non-attendance. Refunds for cancellations will be processed after the symposium.

The symposium reserves the right to cancel the event due to insufficient attendance, weather or any other unforeseen event. In case of cancellation, a refund will be made after the event.

Location

Symposium will be held virtually through Microsoft Teams.

It is the policy of Advocate Aurora Health Continuing Medical Education Office to ensure balance, independence, objectivity, and scientific rigor in all of its sponsored education activities. All participating faculty, course directors, and planning committee members are required to disclose to the program audience any financial relationships related to the subject matter of this program. Disclosure information is reviewed in advance in order to manage and resolve any possible conflicts of interest. All faculty and planning committee members have attested that their financial relationships do not affect their ability to present well-balanced evidence-based content for this activity. Specific disclosure information for each course faculty will be shared with the audience prior to the faculty's presentation.



Friday, April 30, 2021
Virtual Event

Aurora BayCare Current Concepts in Sports Medicine Symposium:

Advances in Surgical
Techniques and
Rehabilitation Implications

Aurora BayCare Orthopedic
& Sports Medicine Center
Green Bay, WI

*Aurora BayCare
Sports Medicine*

Accreditation

The following continuing education units (CEUs) or contact hours of continuing education are pending approval according to the guidelines set forth and agreed upon by each of the following accrediting groups. It is the participant's responsibility to submit proof of attendance to the accrediting groups for continuing education credit.

AMA PRA Category 1 Credit(s)™

Advocate Aurora Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Advocate Aurora Health designates this live activity for a maximum of 7.5 AMA PRA Category 1 credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Physical Therapy Association

This course is approved by the APTA for 7.5 contact hours. Physical therapists are responsible for claiming only those hours actually spent participating in the CE activity. **Course # CEUL055090**

Certified Athletic Trainers

Aurora BayCare is approved by the Board of Certification Inc. to offer continuing education for certified athletic trainers. This program is approved for a maximum of 7.5 hours of Category A and EBP continuing education. Certified athletic trainers are responsible for claiming only those hours actually spent participating in the CE activity. **BOC approved provider No. P3482.**

Program Agenda

7:45 – 8:00 a.m.

8:00 – 8:30 a.m.

8:30 – 9:00 a.m.

9:00 – 9:30 a.m.

9:30 – 10:00 a.m.

10:00 – 10:30 a.m.

10:30 – 10:50 a.m.

10:50 – 11:30 a.m.

11:30 – 12:10 p.m.

12:10 – 12:50 p.m.

12:50 – 1:20 p.m.

1:20 – 1:50 p.m.

1:50 – 2:20 p.m.

2:20 – 2:50 p.m.

2:50 – 3:20 p.m.

3:20 – 3:40 p.m.

3:40 – 4:20 p.m.

4:20 – 5:00 p.m.

Welcome/Course Overview

Jon Henry, MD - Orthopedic and Sports Medicine BayCare Clinic

Lateral Ankle Complex Repair with Internal Bracing

Jason DeVries, DPM - Orthopedic and Sports Medicine BayCare Clinic

Ankle Syndesmotic Repair

Robert Anderson, MD - Bellin Health Tittletown Sports Medicine and Green Bay Packers

Micro-Instability of the Hip

Joseph Schwab, MD - Froedert & Medical College of Wisconsin

Hip Impingement (AIIS, Sub spine, Femoral)

Jon Henry, MD - Orthopedic and Sports Medicine BayCare Clinic

Panel Discussion

Break and Vendor Exhibits

Lab - Conservative and Surgical Management of Ankle Instability

Katelyn Peterson, PT, DPT, OCS - Advocate Aurora Health Manitowoc

Lab - Hip Mobilization

Griffin Ewald, MPT, CSCS - Froedert & Medical College of Wisconsin Sports Medicine

Lunch and Vendor Exhibits

Massive Shoulder Repair

Harold Schock III, MD - Orthopedic and Sports Medicine BayCare Clinic

Shoulder Instability/Latarjet

John Awowale, MD - Orthopedic and Sports Medicine BayCare Clinic

Advancement in Pharmaceutical Pain Management in Post-Operative Patients

Christopher Howson, MD - Pain & Rehab Medicine BayCare Clinic and UW-Madison

Shoulder Biceps Pathology/Biceps Tenodesis

John Awowale, MD - Orthopedic and Sports Medicine BayCare Clinic

Panel Discussion

Break and Vendor Exhibits

Lab - Advanced Shoulder Rehabilitation

Joe Woldt, PT, DPT, SCS - Aurora BayCare Sports Medicine

Lab - Aquatic Therapy for the Shoulder

Jackie Goddard, PT, DPT, LAT - Aurora BayCare Sports Medicine