

# 2018 Behavioral Health Workshop Series

8 to 8:30 A.M. REGISTRATION 8:30 A.M. TO 4:00 P.M. PRESENTATION (Begins Promptly)

AURORA ACADEMY – Aurora Conference Center – 2920 W Dakota Street Milwaukee, WI



## **Registration Information:** Does not require conference prerequisites.

To register, go to [cpd.aurora.org](http://cpd.aurora.org). In the green banner in the upper right, click on Aurora Login (for Aurora providers) and use your AHC email and password OR Visitor Login (for non-Aurora) and create a Visitor Account. Once logged in, click on the Courses tab and search under the *Psychiatry/Behavioral Health Specialty*.

Participants must attend the entire presentation to be in compliance with CME for continuing education credits.

For registration concerns, or to cancel registration, please email [cpddepartment@aurora.org](mailto:cpddepartment@aurora.org) or call 219-5490.

### **Friday, March 16<sup>th</sup>, 2018**

#### **“Professional Ethics and Boundaries: 2018 Update” - Gary R. Schoener M.Ed., Licensed Psychologist**

This presentation will critically examine current challenges in professional ethics and boundaries, examining areas of challenge, and provide concrete tools for decision-making which can bring about good clinical outcomes while avoiding pitfalls. Through case examples as well as ethical challenges provided by attendees, a variety of ways to avoid trouble while producing good outcomes. Written materials will provide additional resources.

#### **At the end of this series, learners should be able to:**

- Explain an ethical decision-making model and apply it to clinical situations
- Discuss standards regarding interactions with former clients
- Identify issues in terminating care and issues with client abandonment
- Explore policy options regarding doing internet searches on clients
- Weigh pros and cons of the use of blogs for support
- Discuss issues in using an app to assist with treatment
- Discuss issues regarding remote services by phone, skype, or other means

6 credits

### **Friday, April 13<sup>th</sup>, 2018**

#### **“The Intersection Between Trauma and Secondary Traumatic Stress” – James Henry, PhD and Amy Perricone, LMSW, LCSW from SW Michigan Trauma Assessment Center**

Have you ever asked yourself, “Why do I keep doing this work when it is so personally and professionally challenging and painful, and sometimes seems never ending?” This presentation will identify the human costs and benefits to being chronically exposed to traumatized children and families. The combination of research, stories and self-reflection will provide a framework from which to empower participants to address the elephant in their organization and within themselves.

#### **At the end of this series, learners should be able to:**

- Verbalize knowledge on identifying and addressing Secondary Traumatic Stress (STS)
- Describe how STS affects their personal and professional lives
- Identify specific strategies to respond to STS and organizational stress

6 credits

### **Friday, November 16<sup>th</sup>, 2018 Half Day Workshop (8:30am-12:00pm)**

#### **“Obsessive-Compulsive Disorders” -Bob Riegert and Bill Ford**

This half-day workshop will identify and explore specific assessment and treatment tools for Obsessive-Compulsive Disorder and coexisting conditions. Attendees will gain access to specific tools to properly assess and treat Obsessive-Compulsive Disorders.

#### **At the end of this series, learners should be able to:**

- Discuss specific techniques of Exposure and Response Prevention (ERP)
- Identify challenges and strategies for relapse prevention and maintenance.
- Summarize the similarities and differences in diagnostic criteria and treatment options for various Obsessive Compulsive Disorders.

3.5 credits

### **Friday, December 14<sup>th</sup>, 2018**

#### **“Suicide Risk Assessment”- Timothy Lineberry, MD**

This workshop presentation will delve into current findings on suicide awareness, assessment and intensity of risk. Risk assessment tools and methods will be presented along with rationale and the “how-to” tips for utilizing these tools. Presenter will highlight the importance of suicide risk assessment in the clinical setting and provide materials to be used in assessing risk and implementing safety plans.

#### **At the end of this series, learners should be able to:**

- Describe recent literature on existing and emerging screening tools for suicide risk assessment
- Explain how to use suicide risk assessment tools in a clinical setting and list barriers that may impact the use of these tools
- List risk factors for suicidality across life span and diagnostic groups
- Describe how to implement an effective safety plan for at-risk patients

6 credits

## Course Information



**Cost**     **\$100.00**

This course is free for Aurora Caregivers



Programming for this series is based on the analysis of current primary caregiver needs as requested by past attendees. The topics will be relevant to medical and associated allied staff. The audience will be solicited for comments about future topics.

The program is aimed at psychiatrists, psychologists, social workers, nurses and other allied health professionals who deal with mental health issues and addiction medicine.

### Course objectives

The objective of the Workshop Series is to improve the diagnostic and therapeutic capabilities in psychiatry and addiction medicine for psychotherapists, psychologists and physicians treating patients and their families.

**Planning Committee:** Cynthia Valentin, PhD., Chair; Jay Chrostowski, PsyD.; Robin Monson-Dupuis, MSW; Joy Mead-Meucci, MS, CSAC; Janet Rewolinski, RN, BSN; Munther Barakat, PsyD

**Accreditation:** Aurora Health Care is accredited by the Wisconsin Medical Society to provide continuing medical education for physicians. Aurora Health Care designates this live activity for a maximum of 6 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Aurora Behavioral Health Services maintains responsibility for the program and its content.

Course approval from the National Board of Certified Counselors: NBCC 6559. Aurora Health Care is an NBCC-approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. Participants must attend entire presentation and complete evaluation form to be in compliance. Course Approval from Wisconsin Association for Marriage and Family Therapy: WAMFT714017

For a complete list of all Aurora Health Care programs, go to: [cpd.aurora.org](http://cpd.aurora.org)

Aurora Health Care subscribes to the articles of Title III of the Americans with Disabilities Act of 1990. Should you or anyone accompanying you require special assistance, please notify us a week in advance at 414-454-6648.